

# Emerging Drugs and Their Impact on the Opioid Crisis

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# Learning Objectives

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Describe the dynamic nature of the illicit opioid supply, including common adulterants

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Identify common hospital testing modalities for detecting opioids and adulterants and understand their limitations

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Outline appropriate treatment strategies for managing opioid overdose

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Discuss how adulterants can complicate opioid overdose management



## Polling Question

In 2023 and 2024, the least common opioid identified in Kentucky opioid decedent testing was:

- A. Fentanyl
- B. Heroin
- C. Morphine
- D. Buprenorphine

# Counts of Substances Identified through Toxicology Testing of Drug Overdose Deaths Occurring in Kentucky, 2024

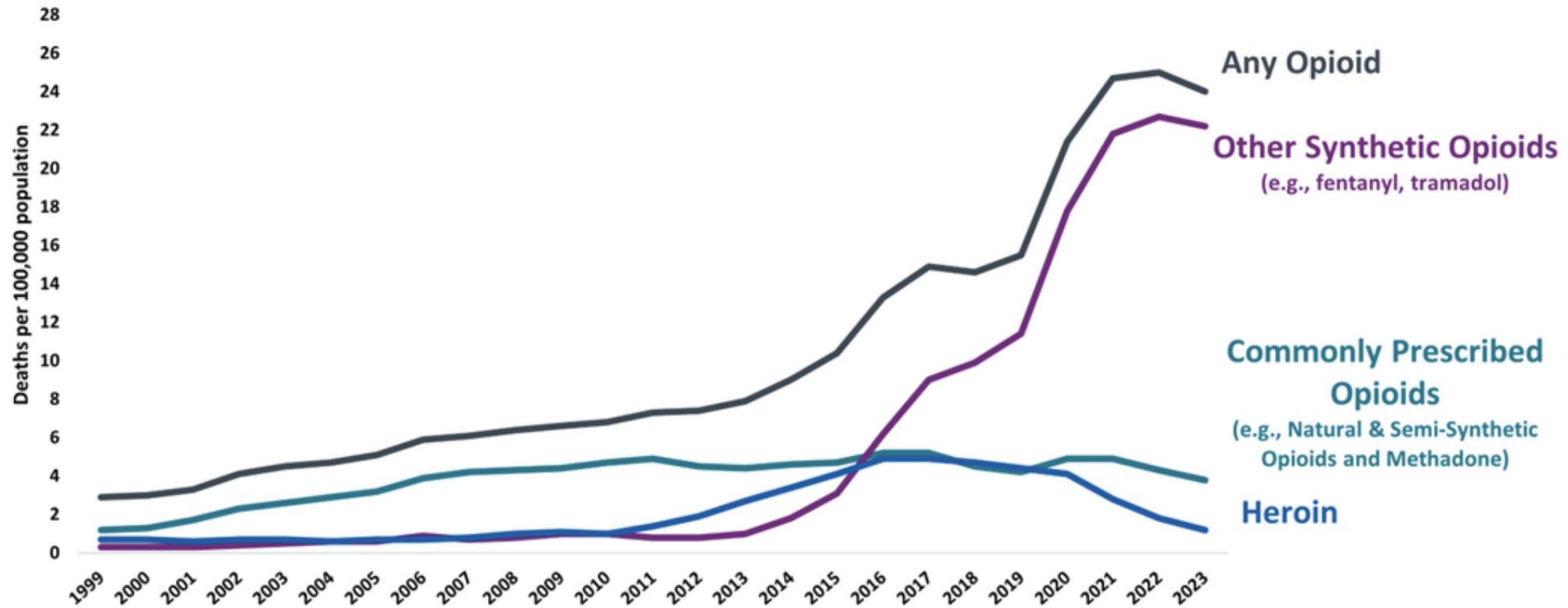
**Total overdose deaths: 1,410**

- **Fentanyl** 962
- **4-ANPP** 864
- **Methamphetamine** 781
- **Amphetamine** 650
- **Acetylfentanyl** 424
- **Caffeine** 372
- **Nicotine** 328
- **Cocaine** 314
- **Gabapentin** 248
- **THC** 239
- **Ethanol** 209
- **Morphine** 165
- **Para-Fluorofentanyl** 163
- **Naloxone** 146
- **Clonazepam** 135
- **Oxycodone** 118
- **Hydrocodone** 117
- **Alprazolam** 107
- **Buprenorphine** 90

**Heroin 38**

# The Dynamic Nature of the Illicit Opioid Supply

# Three Waves of Opioid Overdose Deaths



↑  
Wave 1: Rise in Prescription Opioid Overdose Deaths Started in the 1990s

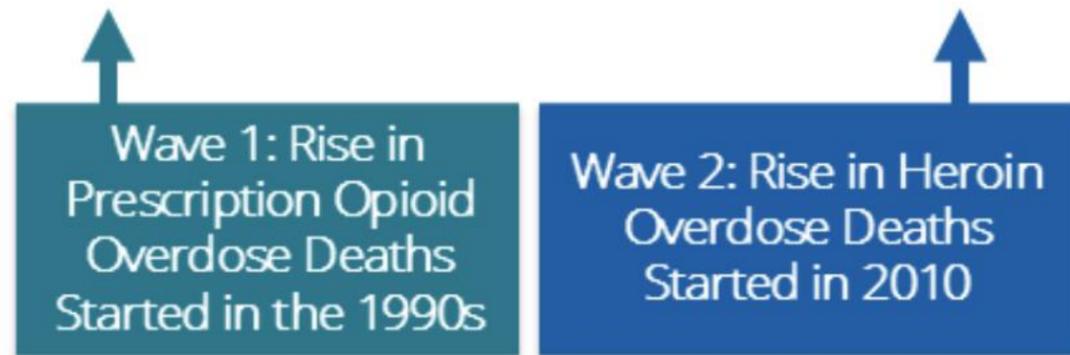
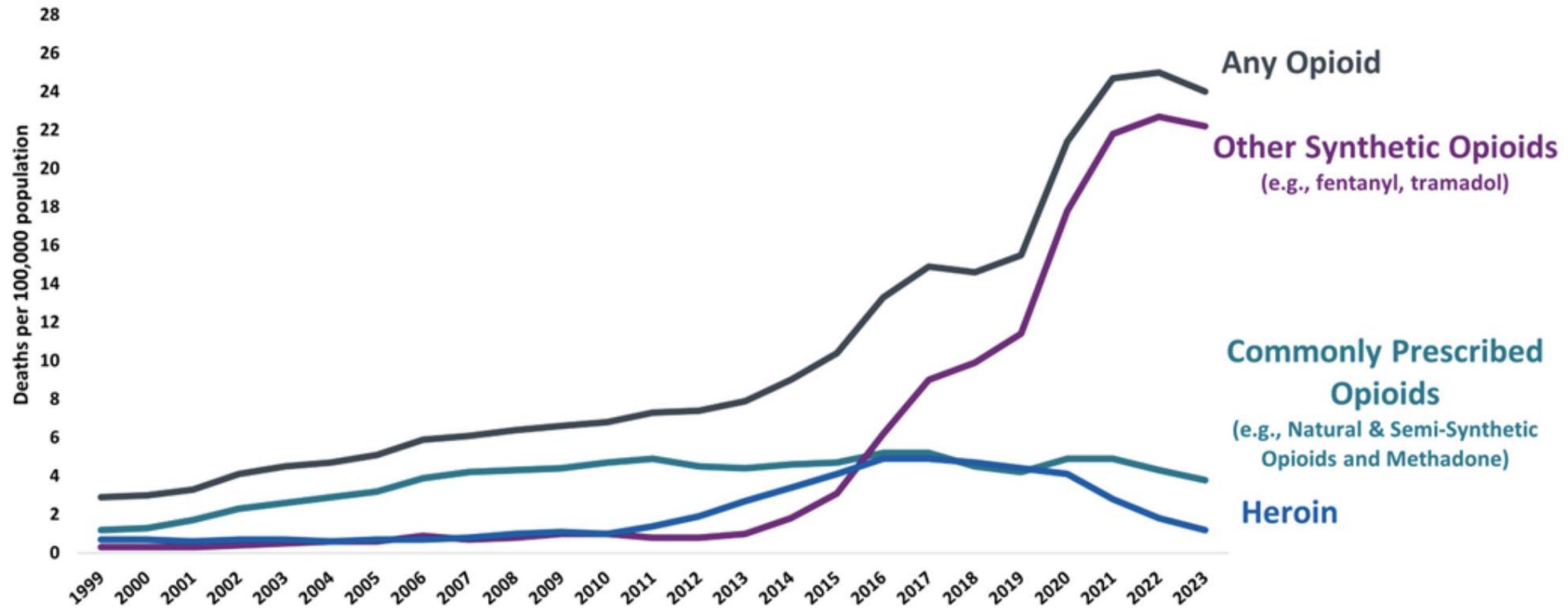


<https://www.cdc.gov/overdose-prevention/about/understanding-the-opioid-overdose-epidemic.html>

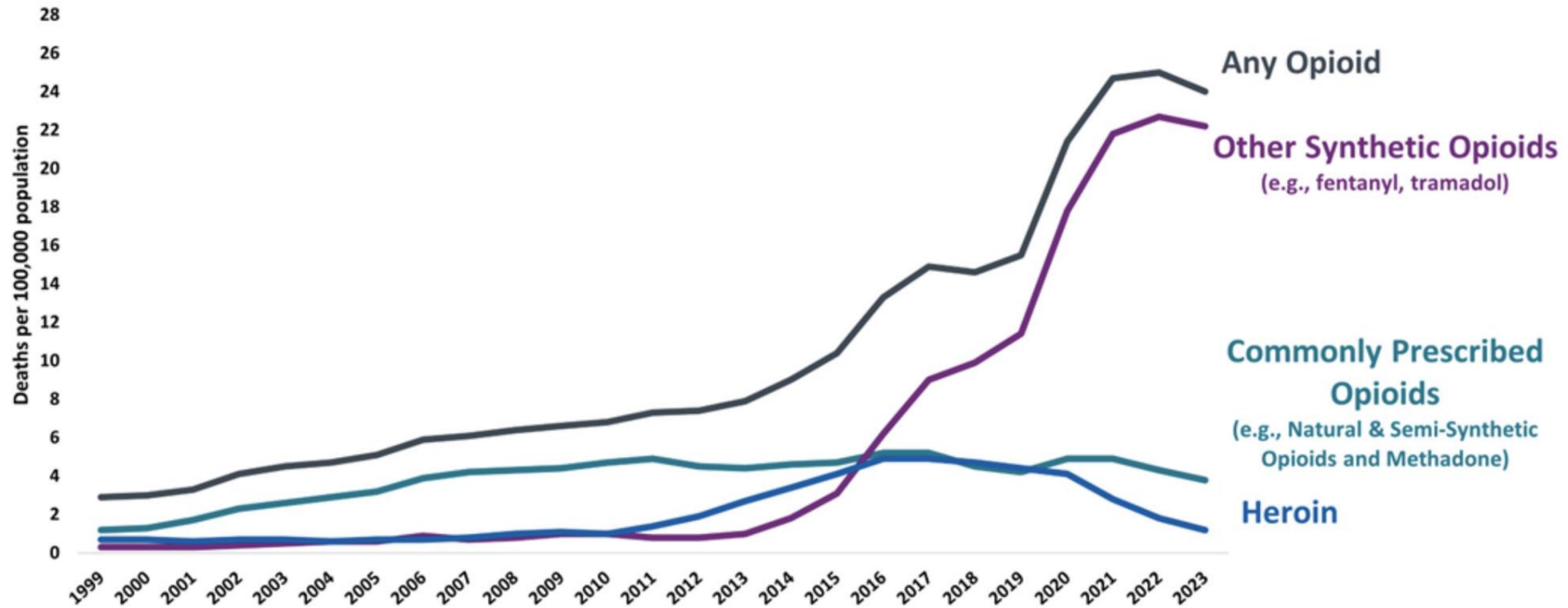
Emergency Medicine News 47(4):14-15, May 2025.

Pain Manag Nurs. 2018 Apr;19(2):125-129. doi: 10.1016/j.pmn.2017.10.010.

# Three Waves of Opioid Overdose Deaths



# Three Waves of Opioid Overdose Deaths

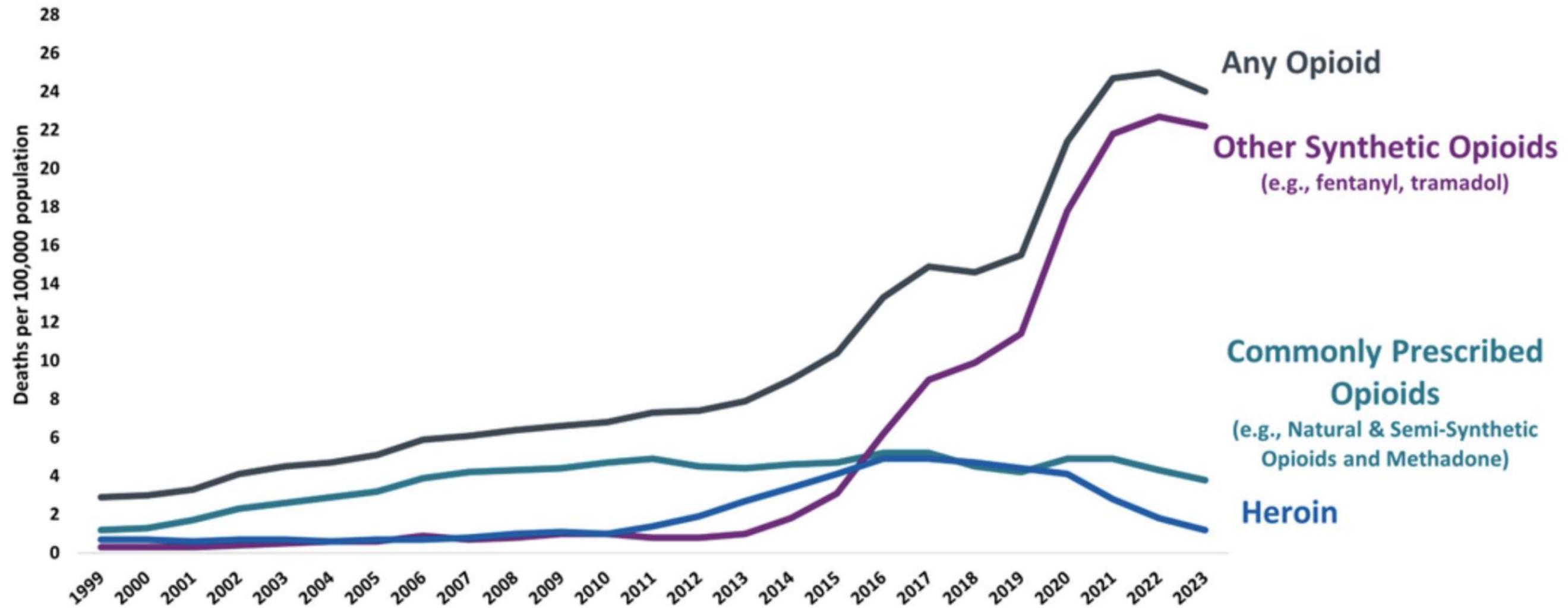


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Emergency Medicine News 47(4):14-15, May 2025.

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# Three Waves of Opioid Overdose Deaths



Wave 1: Rise in Prescription Opioid Overdose Deaths Started in the 1990s

Wave 2: Rise in Heroin Overdose Deaths Started in 2010

Wave 3: Rise in Synthetic Opioid Overdose Deaths Started in 2013

Wave 4: Combinations in Overdose Deaths Started in 2017



<https://www.cdc.gov/overdose-prevention/about/understanding-the-opioid-overdose-epidemic.html>

Emergency Medicine News47(4):14-15, May 2025.  
 Pain Manag Nurs. 2018 Apr;19(2):125-129. doi: 10.1016/j.pmn.2017.10.010.

# Most Common Two-Drug Combinations Identified through Toxicology for all Drug Overdose Deaths, Kentucky, 2024

Drug Combination	Total Count of Deaths	Black Decedents*	White Decedents*
<b>4-ANPP, Fentanyl</b>	864	129 (70.9%)	716 (55.3%)
<b>Amphetamine, Methamphetamine</b>	622	41 (22.5%)	575 (44.4%)
<b>Fentanyl, Methamphetamine</b>	509	48 (26.4%)	451 (34.8%)
<b>4-ANPP, Methamphetamine</b>	462	45 (24.7%)	409 (31.6%)
<b>Amphetamine,</b>	425	38 (20.9%)	381 (29.4%)
<b>Acetylfentanyl, Fentanyl</b>	424	64 (35.2%)	347 (26.8%)
<b>4-ANPP, Acetylfentanyl</b>	408	62 (34.1%)	334 (25.8%)
<b>4-ANPP, Amphetamine</b>	376	33 (18.1%)	337 (26%)
<b>Cocaine, Fentanyl</b>	250	78 (42.9%)	165 (12.7%)
<b>Caffeine, Fentanyl</b>	241	28 (15.4%)	207 (16%)
<b>Fentanyl, Nicotine</b>	238	38 (20.9%)	196 (15.1%)
<b>Caffeine, Nicotine</b>	235	23 (12.6%)	209 (16.1%)
<b>4-ANPP, Cocaine</b>	222	67 (36.8%)	148 (11.4%)

# Limitations to what is known from postmortem data

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Impossible to know which drugs caused death or how they contributed

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Results are not available in a timely manner

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Testing varies greatly across the country

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Not all substances may be characterized

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Results from nonfatal overdoses are not captured

# Where is the nonfatal overdose data?

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Traditionally, drug testing has limited value for the initial clinical treatment of overdoses

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Lack of confirmatory testing data leads to the underutilization of ICD-10-CM coding

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Many synthetic or novel substances are not detectable utilizing common laboratory testing

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Poison control is not always contacted

# Kentucky Overdose Data to Action (KY OD2A)

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Research supported by the Kentucky Injury Prevention and Research Center and funded by the Centers for Disease Control and Prevention (CDC)

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Characterize substances involved in nonfatal drug overdoses treated in the emergency department

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Identify novel substances of abuse

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# Kentucky Overdose Data to Action (KY OD2A)

## Suspected Overdose

- Identified by emergency department clinical team
- Illicit opioids
- Other synthetics

## Remnant Samples Sequestered

- Blood: serum, plasma, whole blood
- Urine
- Drug paraphernalia

## Targeted Analysis

- Local hospital lab
  - GC/MS
  - LC/MS/MS

## Nontarget Analysis

1. Synthetic drug, where remainder of drug screen has produced little or no viable options to explain the symptoms
2. Opioid, where remainder of drug screen has produced little or no viable options to explain the symptoms
3. Exposure where story or UDS does not match clinical symptoms

**N = ~3,030 patient encounters**

~460 nontarget analysis  
~32% contain opioids

# Example Patient Case

- Male presenting from scene after being found down unresponsive
- Given 4mg intranasal naloxone with partial response
- Endorsed “Ren” use

Is there a synthetic marijuana present?

## Drug abuse screen

Status: Final result

Test Result Released: No

### 0 Result Notes

Component	4 yr ago
Ref Range & Units	
Amphetamine Screen Urine Negative	Negative
Benzodiazepines Screen Urine Negative	Presumptive positive. Confirmation by LC-MS/MS to follow.
Cannabinoid Screen Urine Negative	Presumptive positive. Confirmation by LC-MS/MS to follow.
Cocaine Screen Urine Negative	Negative
Barbiturate Screen Urine Negative	Negative
Opiate Screen Urine Negative	Negative
Methadone Screen Urine Negative	Negative
Buprenorphine Screen Urine Negative	Presumptive positive. Confirmation by LC-MS/MS to follow.
Fentanyl Screen Urine Negative	Presumptive positive. Confirmation by LC-MS/MS to follow.
Oxycodone Screen Urine Negative	Negative
Resulting Agency	UK LAB

# Example of Results from DEA Testing

## Findings:

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)
	Urine		<ol style="list-style-type: none"><li>1. Gabapentin (99300)</li><li>2. Xylazine (207)</li><li>3. Fentanyl (178)</li><li>4. Quinine (59.8)</li><li>5. Bromazolam (49.0)</li><li>6. 4-ANPP (11.0)</li><li>7. Norfentanyl* (9.0)</li><li>8. 7-Amino Clonazepam*</li><li>9. Baclofen</li><li>10. Buprenorphine</li><li>11. Diphenhydramine</li><li>12. Naloxone</li><li>13. Norbuprenorphine*</li><li>14. Nordiazepam*</li><li>15. Oxazepam*</li><li>16. Quetiapine</li><li>17. Temazepam*</li></ol>

# Early lessons Learned

Exposures are  
polysubstance

Patients do not  
seem to know what  
they are taking

Limitations to  
hospital testing  
libraries

Polysubstance  
complexities in  
illicit opioid  
supply

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**Novel Opioid Receptor Agonists**

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**Stimulants**

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**Designer Benzodiazepines**

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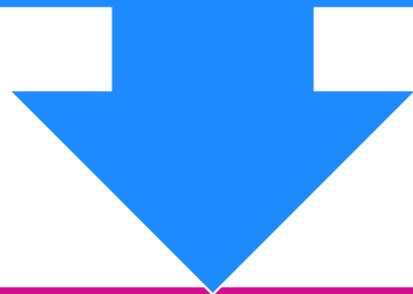
**Xylazine & Medetomidine**

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**Other Adulterants / Cutting Agents**

# Novel Opioid Receptor Agonists

>120 opioid receptor agonists



Categorized as:

Fentanyl analogs

U series (U-47700)

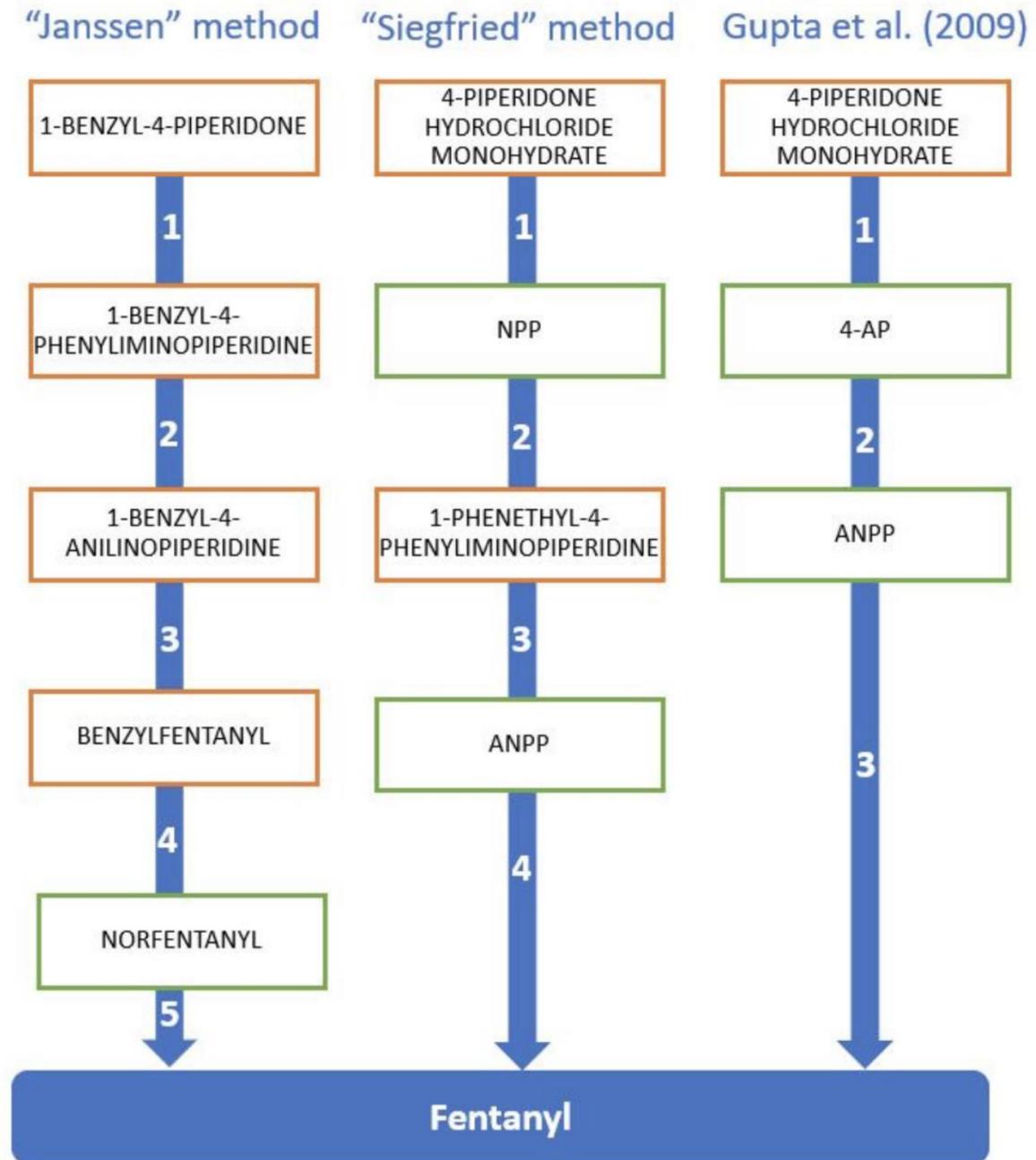
Nitazenes

Piperazines

Miscellaneous

- Rationale for Addition:
  - Cheap
  - Potent
  - Byproduct of Synthesis
  - Metabolite
- Reported Effects:
  - Respiratory Depression
  - Pupillary Constriction
  - Decreased Consciousness

# Fentanyl Synthesis



# Fentanyl and Fentanyl Analogs

## Findings:

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)	
	Whole Blood		1. Gabapentin (137)	
			2. 11-nor-9-carboxy-delta-9-THC* (118)	
			3. Methamphetamine (21.9)	Stimulant
			4. Fentanyl (17.9)	Opioids
			5. Norfentanyl* (5.5)	
			6. 4-ANPP (0.8)	
			7. 7-Amino Clonazepam*	
			8. Clonazepam	Benzodiazepines
			9. Diazepam	
			10. Diphenhydramine	Adulterants / Cutting Agents
			11. Lidocaine	
			12. Naloxone	
			13. Nordiazepam*	
			14. Norpseudoephedrine	
			15. Oxazepam*	
			16. Temazepam*	

Found unresponsive after snorting an unknown substance.

Given 4mg IN naloxone, with response.

Required repeat naloxone 0.4mg IV x2 while in the ED and was started on a naloxone drip.

# Fentanyl and Fentanyl Analogs

## Findings:

Presented after ingesting an "8-ball" of heroin. Reported being "spooked" by police.

Became somnolent, RR 15, HR 44 SBP 130s. Pt was given 0.4mg of naloxone when respirations became shallow.

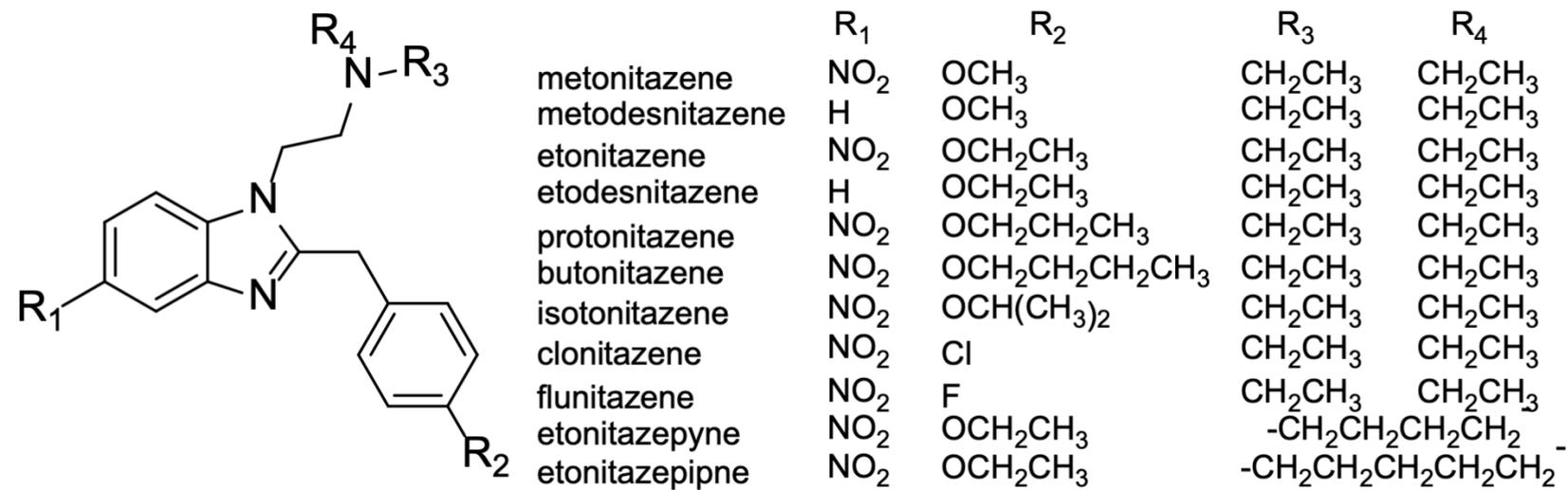
Post naloxone, became agitated and left AMA.

Sample ID	Sample	Date	Time	Confirmed Drug (ng/mL)
	Plasma			<ol style="list-style-type: none"> <li>1. Benzoylcegonine* (109)</li> <li>2. Ecgonine Methyl Ester*</li> <li>3. Codeine (1.9)</li> <li>4. Morphine (11.4)</li> <li>5. <i>para</i>-Fluorofentanyl (3.3)</li> <li>6. Despropionyl-<i>para</i>-Fluorofentanyl* (0.3)</li> <li>7. Norfentanyl* (1.4)</li> <li>8. Methadone</li> </ol>

# Nitazenes

**Table 1: Nitazene Potency Relative to Fentanyl**

Type of Nitazene	Potency Relative to Fentanyl <sup>xiii xiv</sup>
butonitazenes and etodesnitazenes	25% to 50% as strong
ISO— the most common nitazene	5X to 9X times stronger
<i>N</i> -pyrrolidino protonitazenes	Up to 25X times stronger
<i>N</i> -pyrrolidino etonitazenes	Up to 43X times stronger



# Nitazenes

## Findings:

Sample ID	Sample	Date	Time	Confirmed Drug (ng/mL)	
<p>Brought in by EMS, became combative and altered post naloxone administration. Required ketamine IM for sedation prior to arrival.</p>	Plasma			1. Butonitazene (7.3)	Opioids
				2. Fentanyl (0.2*)	
				3. Norfentanyl**(0.6)	
				4. MDEA (0.9)	Stimulant
				5. Methamphetamine (13.4)	
				6. Acetaminophen	



Kentucky Office of Homeland Security



2d · 🌐

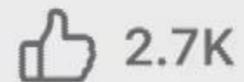


Public Safety Advisory: Cychlorphine Dete... more

New Opioid Found in KY

Cychlorphine

One Encounter Could Be Fatal



2.7K



619

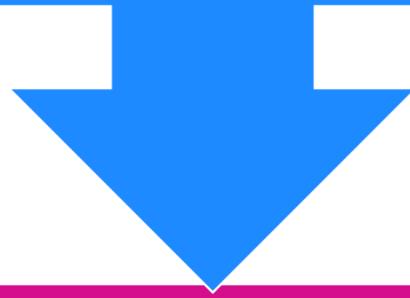


15.4K



# Stimulants

The largest category of novel psychoactive substances (NPSs)  
~400 individual substances having  
been reported



## Common Examples:

Amphetamine

Methamphetamine

Cocaine

MDMA

Synthetic  
cathinones

- Rationale for Addition:
  - Counterbalance sedative effects
  - Synergistic effects
  - Prevent withdrawal
- Reported Effects:
  - Stimulatory effect on the CNS
  - Modulate the levels and activity of neurotransmitters (dopamine, norepinephrine, and serotonin).

# Stimulants

## Findings:

Sample ID	Sample	Date	Time	Confirmed Drug (ng/mL)
	Plasma			<ol style="list-style-type: none"><li>1. Benzoyllecgonine* (109)</li><li>2. Ecgonine Methyl Ester*</li><li>3. Codeine (1.9)</li><li>4. Morphine (11.4)</li><li>5. <i>para</i>-Fluorofentanyl (3.3)</li><li>6. Despropionyl-<i>para</i>-Fluorofentanyl* (0.3)</li><li>7. Norfentanyl* (1.4)</li><li>8. Methadone</li></ol>

Presented after ingesting an "8-ball" of heroin. Reported being "spooked" by police.

Became somnolent, RR 15, HR 44 SBP 130s. Pt was given 0.4mg of naloxone when respirations became shallow.

Post naloxone, became agitated and left AMA.

# Stimulants

## Drug abuse screen

Status: Final result

Test Result Released: Yes (seen)

### 0 Result Notes

Component	3 yr ago
Ref Range & Units	
<b>Amphetamine Screen Urine</b> Cutoff: 500 ng/mL	Presumptive positive. Confirmation by LC-MS/MS to follow.
<b>Benzodiazepines Screen Urine</b> Cutoff: 200 ng/mL	Presumptive positive. Confirmation by LC-MS/MS to follow.
<b>Cannabinoid Screen Urine</b> Cutoff: 50 ng/mL	Negative
<b>Cocaine Screen Urine</b> Cutoff: 300 ng/mL	Negative
<b>Barbiturate Screen Urine</b> Cutoff: 200 ng/mL	Negative
<b>Opiate Screen Urine</b> Cutoff: 300 ng/mL	Negative
<b>Methadone Screen Urine</b> Cutoff: 300 ng/mL	Negative
<b>Buprenorphine Screen Urine</b> Cutoff: 10 ng/mL	Negative
<b>Fentanyl Screen Urine</b> Cutoff: 1 ng/mL	Presumptive positive. Confirmation by LC-MS/MS to follow.
<b>Oxycodone Screen Urine</b> Cutoff: 100 ng/mL	Negative
Resulting Agency	<a href="#">UK LAB</a>

Found unresponsive by boyfriend. Was awake on EMS arrival but passed out.

Given 4mg IN naloxone, with response.

Required Ketamine IV, and Midazolam IM Prior to ED arrival for combativeness.

# Stimulants

## Findings:

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)
	Whole Blood		<ol style="list-style-type: none"> <li>1. Methamphetamine (126000)</li> <li>2. Amphetamine (15400)</li> <li>3. Norfentanyl* (13600)</li> <li>4. N,N-Dimethylamphetamine (9570)</li> <li>5. 4-OH Methamphetamine* (8075)</li> <li>6. Fentanyl (2250)</li> <li>7. Beta-Hydroxy Fentanyl (410)</li> <li>8. Benzoylcegonine* (23.6)</li> <li>9. Xylazine (23.5)</li> <li>10. 4-ANPP (14.4)</li> <li>11. Ketamine</li> <li>12. Naloxone</li> <li>13. Nordiazepam</li> <li>14. Oxazepam</li> <li>15. Promethazine</li> </ol>

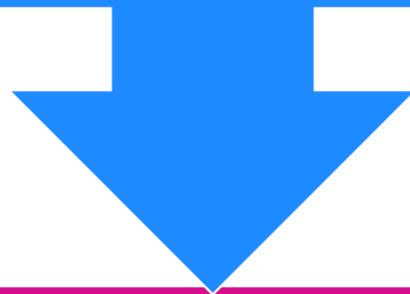
Found unresponsive by boyfriend. Was awake on EMS arrival but passed out.

Given 4mg IN naloxone, with response.

Required Ketamine IV, and Midazolam IM Prior to ED arrival for combativeness.

# Designer Benzodiazepines

Similar chemical structures and clinical effects to traditional benzodiazepines  
Have never been licensed for medical use



## Common Novel Examples:

Etizolam

Phenazepam

Bromazolam

- Rationale for Addition:
  - Intensify and/or prolong the euphoric effects
- Reported Effects:
  - Sedation
  - Amnesia
  - Euphoria

# Designer Benzodiazepines

## Findings:

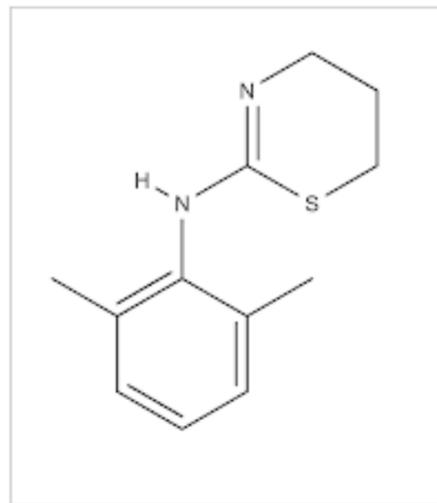
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	Urine		<ol style="list-style-type: none"><li>1. Gabapentin (99300)</li><li>2. Xylazine (207)</li><li>3. Fentanyl (178)</li><li>4. Quinine (59.8)</li><li>5. Bromazolam (49.0)</li><li>6. 4-ANPP (11.0)</li><li>7. Norfentanyl* (9.0)</li><li>8. 7-Amino Clonazepam*</li><li>9. Baclofen</li><li>10. Buprenorphine</li><li>11. Diphenhydramine</li><li>12. Naloxone</li><li>13. Norbuprenorphine*</li><li>14. Nordiazepam*</li><li>15. Oxazepam*</li><li>16. Quetiapine</li><li>17. Temazepam*</li></ol>

# Xylazine / Medetomidine

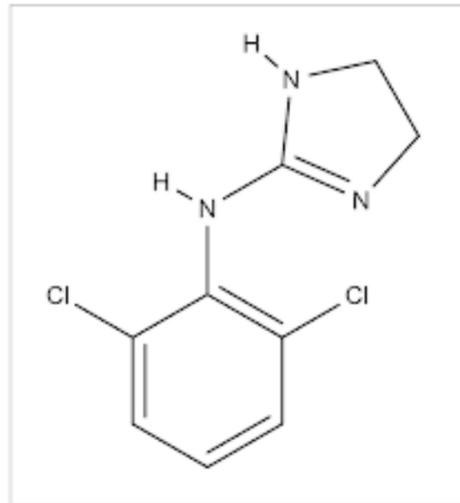
Alpha-2 adenosine receptor  
agonists

Non-opioid sedative,  
analgesic and muscle relaxant

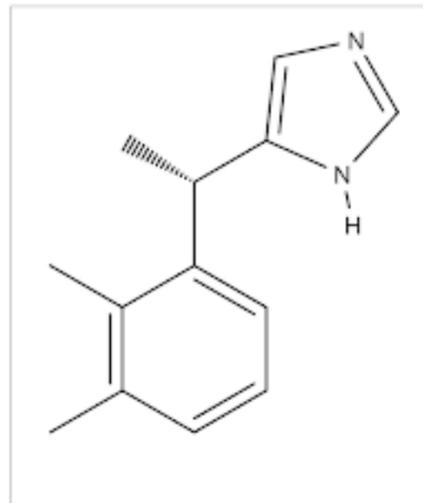
- Rationale for Addition:
  - Enhance the euphoric and analgesic effects
  - Reduce frequency of injections
- Reported Effects:
  - Sedation
  - Respiratory depression
  - Hypotension
  - Bradycardia
  - Wounds
  - Severe withdrawal



Xylazine



Clonidine



Dexmedetomidine

# Xylazine / Medetomidine

## Findings:

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)
	Urine		<ol style="list-style-type: none"> <li>1. Norfentanyl* (98.0)</li> <li>2. Xylazine (60.9)</li> <li>3. Fentanyl (52.1)</li> <li>4. 4-ANPP (26.6)</li> <li>5. Tramadol (16.4)</li> <li>6. Desmethyl-<i>cis</i>-Tramadol* (5.2)</li> <li>7. Benzoylecgonine* (4.7**)</li> <li>8. 7-Amino Clonazepam</li> <li>9. Acetaminophen</li> <li>10. Atorvastatin</li> <li>11. Diazepam</li> <li>12. Diphenhydramine</li> <li>13. Furosemide</li> <li>14. Lidocaine</li> <li>15. Naloxone</li> <li>16. Nordiazepam*</li> <li>17. Nordoxepin*</li> <li>18. Oxazepam*</li> <li>19. Temazepam*</li> </ol>

Presented after injecting fentanyl.

Drowsy, required stimulation for questioning. Delayed onset respiratory depression.

BP: 76/54 (61)  
HR: 41  
SpO2: 90%

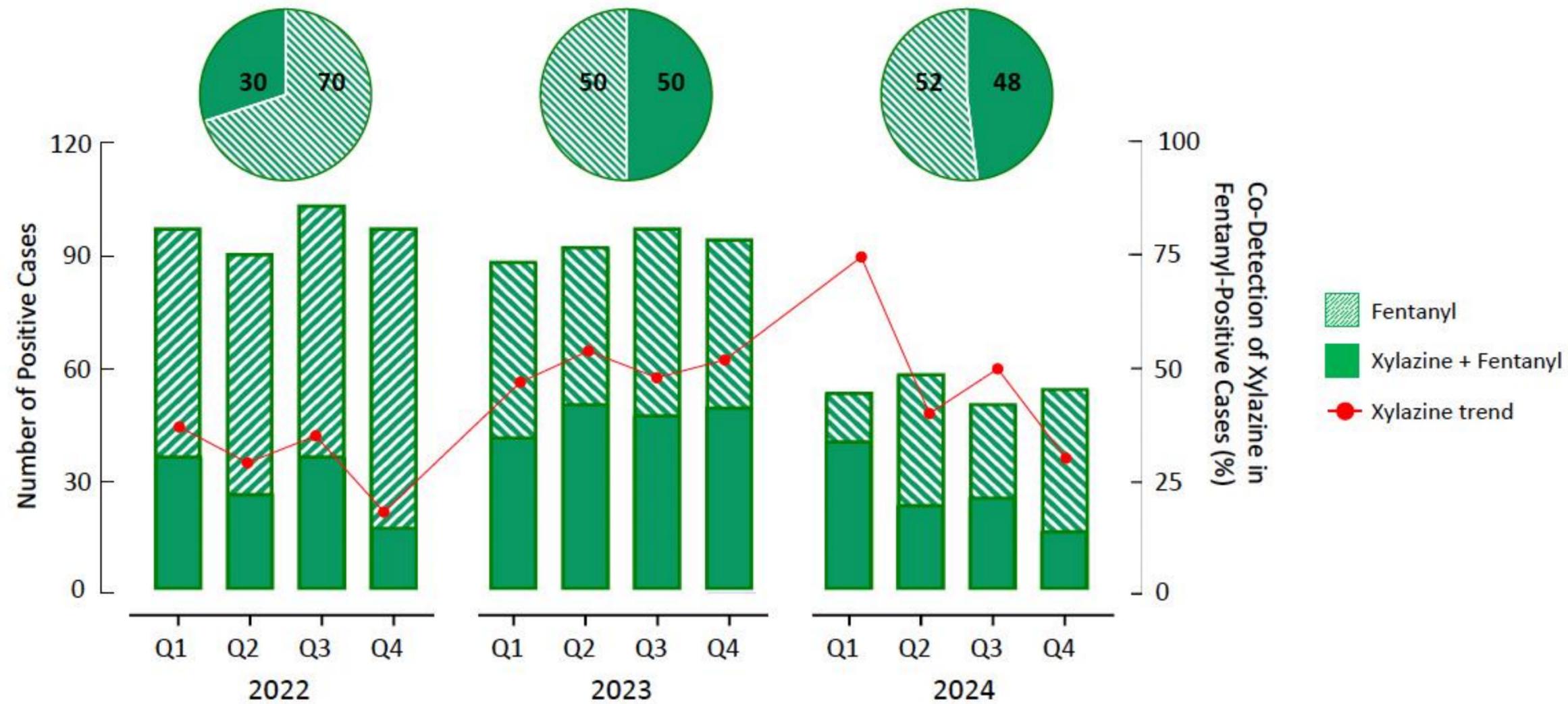
Naloxone 2mg IV given with no response



# As Xylazine Use Declines, Is Mitragynine Becoming the New Trend in Illicit Drug Use?

Hind Malaeb, PhD, William Feeney, PhD, Ibrahim Choucair, PhD, NRCC, DABCC  
Department of Pathology and Laboratory Medicine, University of Kentucky Medical Center, Lexington, KY

Poster # B-325



# Adulterants Versus Cutting Agents

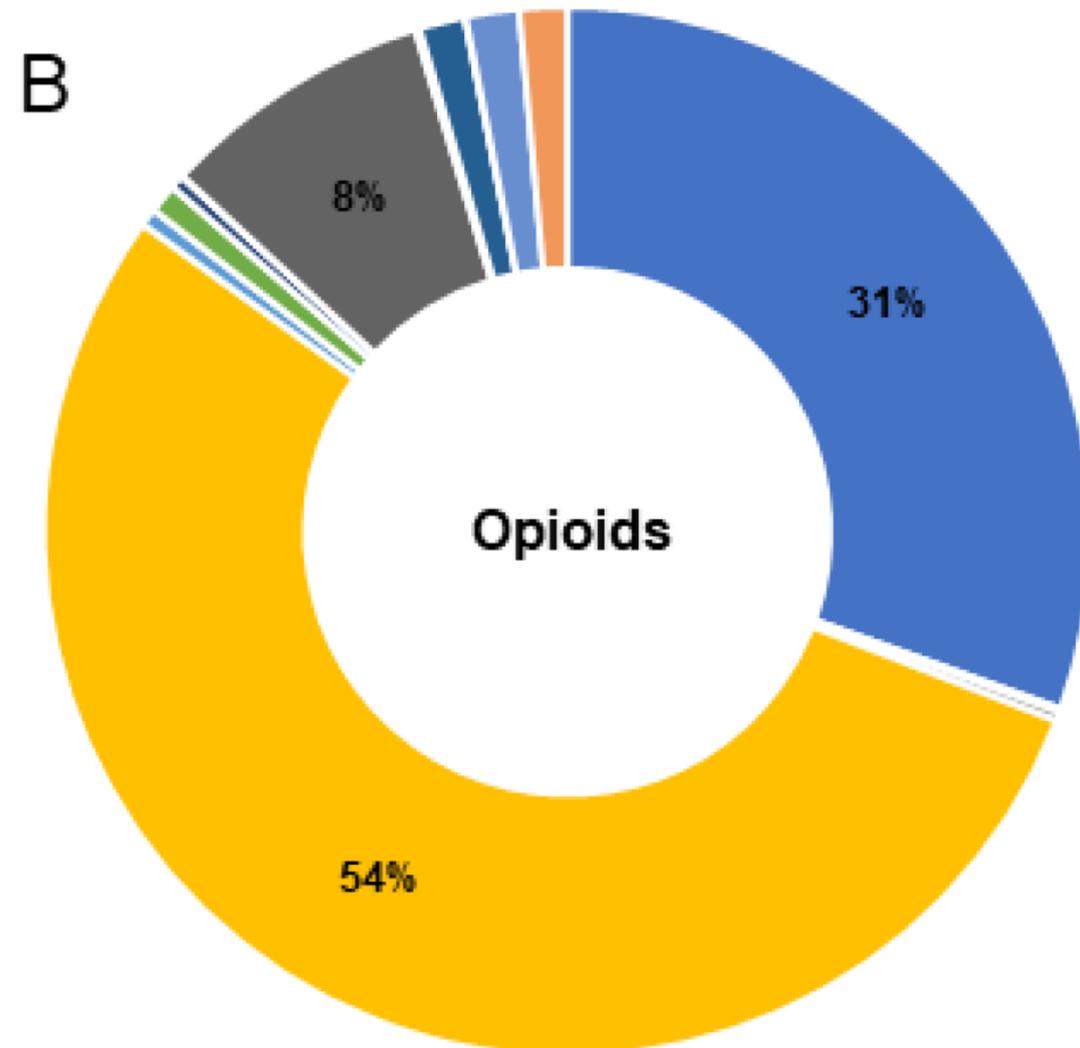
## Adulterants

- Pharmacologically active
- Generally added for a contributory effect, but can also be added for bulking
- Potential for adverse effects or drug-drug interactions

## Cutting Agents

- Inert fillers
- Make the substance easier to measure, distribute, and use

# Adulterants Present in Illicit Opioids



- Acetaminophene/paracetamol
- Benzocaine
- Benzodiazepines
- Caffeine
- Heroin
- Levamisole
- Methamphetamine
- Methylphenidate
- Pharmaceutical drugs
- Phenacetin
- Quinine/Quinidine
- Synthetic cannabinoids
- Synthetic cathinones
- Synthetic opioids

## Common in Kentucky

- Acetaminophen
- Caffeine
- Dextromethorphan
- Diphenhydramine
- Guaifenesin
- Hydroxyzine
- Quetiapine
- Quinine
- Metamizole
- Phenacetin
- Theophylline
- Tramadol
  
- Benzocaine
- Lidocaine
- Procaine
  
- Levamisole
- Phenylbutazone
- Acepromazine
- Xylazine

# Polysubstance complicates care

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Variability in potency

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Erratic responses to naloxone

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Limitations in detection

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Alterations in work-up during  
treatment

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Withdrawal challenges



## Polling Question

All of the following statements regarding common hospital drug testing are true except:

- A. Substance must be known
- B. Testing varies greatly between facilities
- C. Has major impacts on patient care
- D. Is labor- and time-intensive
- E. Has many false positives and negatives

# Common Hospital Testing Modalities

Illicit Drugs

# Types of Toxicology Testing

## Presumptive testing by immunoassay (“drug screen”)

- Presence of drug classes and/or their metabolites in a urine sample
  - If the concentration of a drug is high enough
- Typically, the first test used to identify drug classes in the urine
- Available in most hospitals

## Confirmatory testing by gas or liquid chromatography

- Used to confirm a positive drug screen result or definitively identify a detected substance
- Detects the presence of specific drugs and/or metabolites in a urine sample
- Available at larger institutions

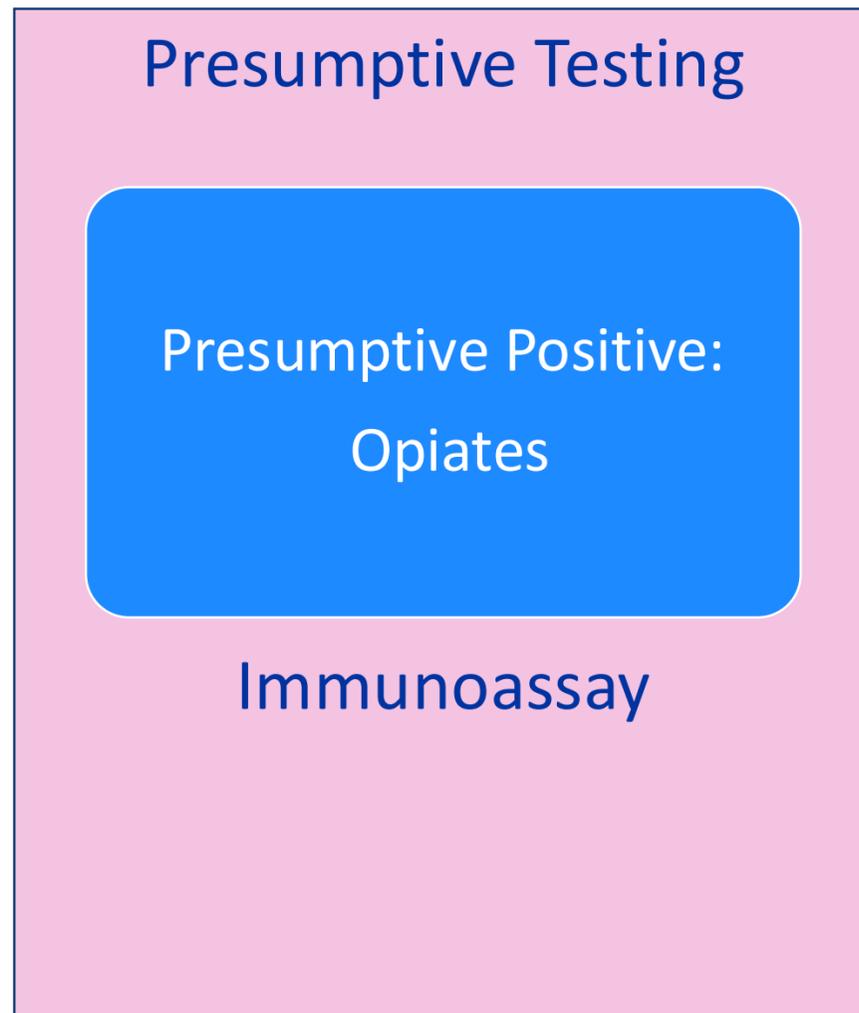
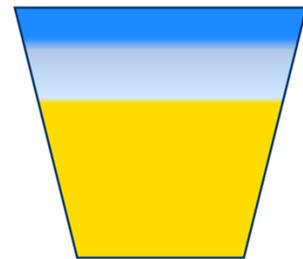
Every laboratory has different testing capabilities.

Immunoassay	Gas chromatography/mass spectrometry (GC-MS)	Liquid chromatography tandem mass spectrometry (LC-MS/MS)
<ul style="list-style-type: none"> <li>• Antibodies to detect the presence of selected drugs and/or metabolites</li> </ul>	<ul style="list-style-type: none"> <li>• Chromatography</li> <li>• Confirmatory or definitive testing</li> </ul>	<ul style="list-style-type: none"> <li>• Chromatography</li> <li>• Requires small volumes of substrate</li> </ul>
<ul style="list-style-type: none"> <li>• Fast</li> </ul>	<ul style="list-style-type: none"> <li>• Slower (6-24 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Slower (12-24 hours)</li> </ul>
<ul style="list-style-type: none"> <li>• Cheap</li> </ul>	<ul style="list-style-type: none"> <li>• Expensive</li> </ul>	<ul style="list-style-type: none"> <li>• Expensive</li> </ul>
<ul style="list-style-type: none"> <li>• Qualitative</li> </ul>	<ul style="list-style-type: none"> <li>• Qualitative</li> </ul>	<ul style="list-style-type: none"> <li>• Quantitative</li> </ul>
<ul style="list-style-type: none"> <li>• Limited library</li> <li>• Known detection thresholds</li> </ul>	<ul style="list-style-type: none"> <li>• Lower detection thresholds</li> </ul>	<ul style="list-style-type: none"> <li>• Lower detection thresholds</li> </ul>
<ul style="list-style-type: none"> <li>• Lacks specificity</li> <li>• Followed by a confirmatory test</li> </ul>	<ul style="list-style-type: none"> <li>• Low likelihood of false results</li> </ul>	<ul style="list-style-type: none"> <li>• Analysis has a second analytical separation step</li> <li>• Lower susceptibility to false results caused by concomitant usage</li> </ul>
<ul style="list-style-type: none"> <li>• NIDA 5: marijuana, cocaine, opiates, amphetamines, and phencyclidine</li> <li>• 10-panel</li> <li>• Drugs of Abuse Screens</li> </ul>	<ul style="list-style-type: none"> <li>• Comprehensive urine drug screen</li> </ul>	<ul style="list-style-type: none"> <li>• Pain management drug screens</li> <li>• Drugs of abuse screen (reflex)</li> </ul>

Immunoassay	Gas chromatography/mass spectrometry (GC-MS)	Liquid chromatography tandem mass spectrometry (LC-MS/MS)
<ul style="list-style-type: none"> <li>• Amphetamines</li> <li>• Benzodiazepines</li> <li>• Cannabinoids</li> <li>• Cocaine</li> <li>• Barbiturate</li> <li>• Opiate</li> <li>• Methadone</li> <li>• Buprenorphine</li> <li>• Fentanyl</li> <li>• Oxycodone</li> </ul>	<ul style="list-style-type: none"> <li>• &gt;450 substances</li> <li>• Many prescription and OTC medications</li> <li>• Common opioids</li> <li>• Common stimulants</li> <li>• Common benzodiazepines</li> <li>• MDMA</li> <li>• Ketamine</li> <li>• PCP</li> <li>• Xylazine</li> <li>• Naloxone</li> <li>• Medications for Opioid Use Disorder (MOUD)</li> </ul>	<ul style="list-style-type: none"> <li>• Detects both prescription and illicit <ul style="list-style-type: none"> <li>• Opioids</li> <li>• Benzodiazepines</li> <li>• Stimulants</li> <li>• Associated metabolites</li> </ul> </li> <li>• Barbiturates</li> <li>• THC</li> <li>• PCP</li> <li>• MOUD</li> </ul>

# Toxicology Testing Example

- Urine sample for a patient who recently used heroin



## Drug abuse screen

Status: Final result

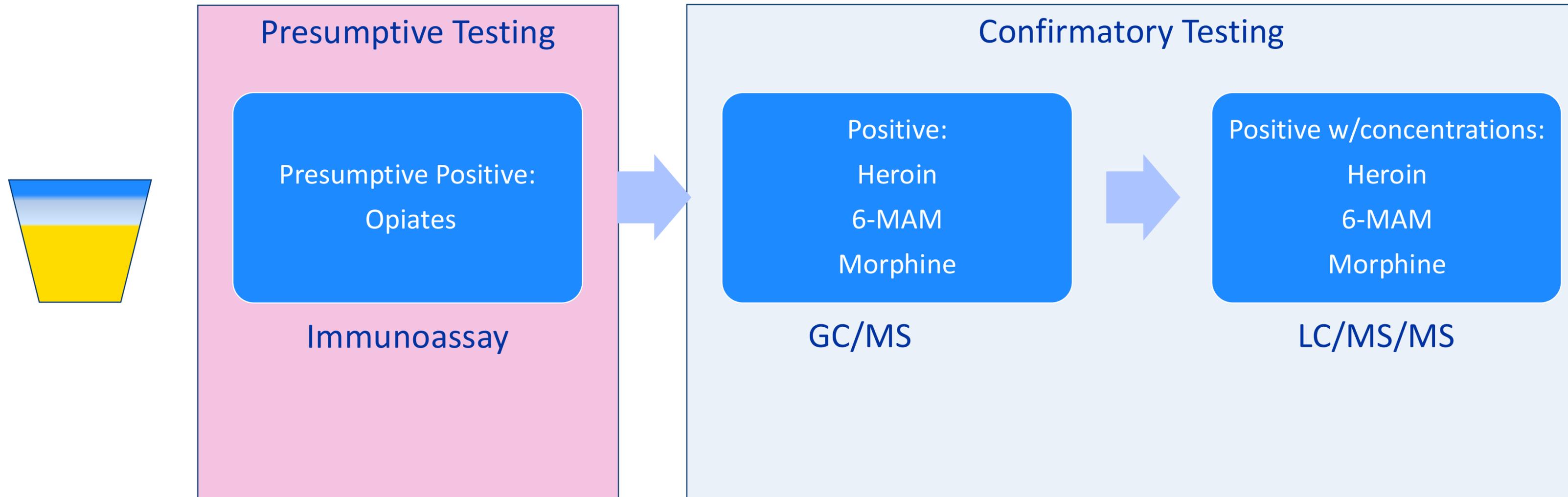
Test Result Released: No

0 Result Notes

Component	4 yr ago
Ref Range & Units	
Amphetamine Screen Urine Negative	Negative
Benzodiazepines Screen Urine Negative	Negative
Cannabinoid Screen Urine Negative	Negative
Cocaine Screen Urine Negative	Negative
Barbiturate Screen Urine Negative	Negative
Opiate Screen Urine Negative	Presumptive positive. Confirmation by LC-MS/MS to follow.
Methadone Screen Urine Negative	Negative
Buprenorphine Screen Urine Negative	Negative
Fentanyl Screen Urine Negative	Negative
Oxycodone Screen Urine Negative	Negative
Resulting Agency	UK LAB

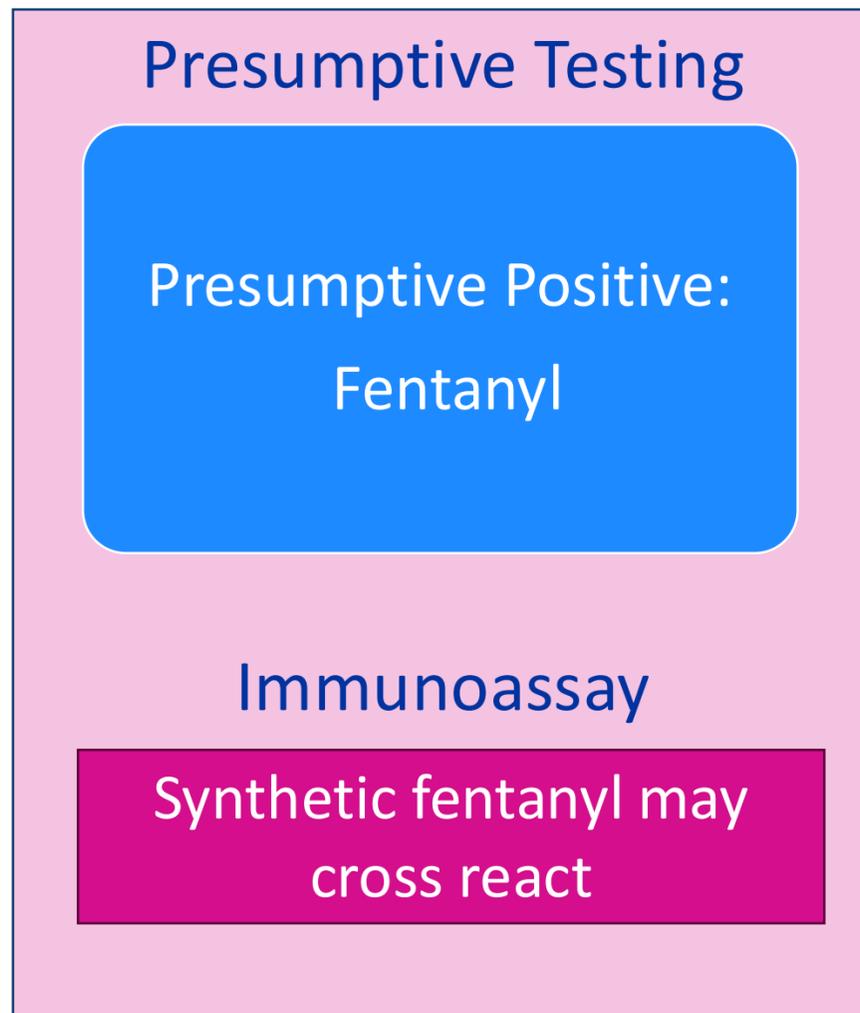
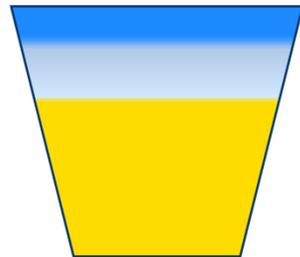
# Toxicology Testing Example

- Urine sample for a patient who recently used heroin



# Toxicology Testing Example

- Urine sample for a patient who recently used fentanyl adulterated with synthetic fentanyl



## Drug abuse screen

Status: Final result

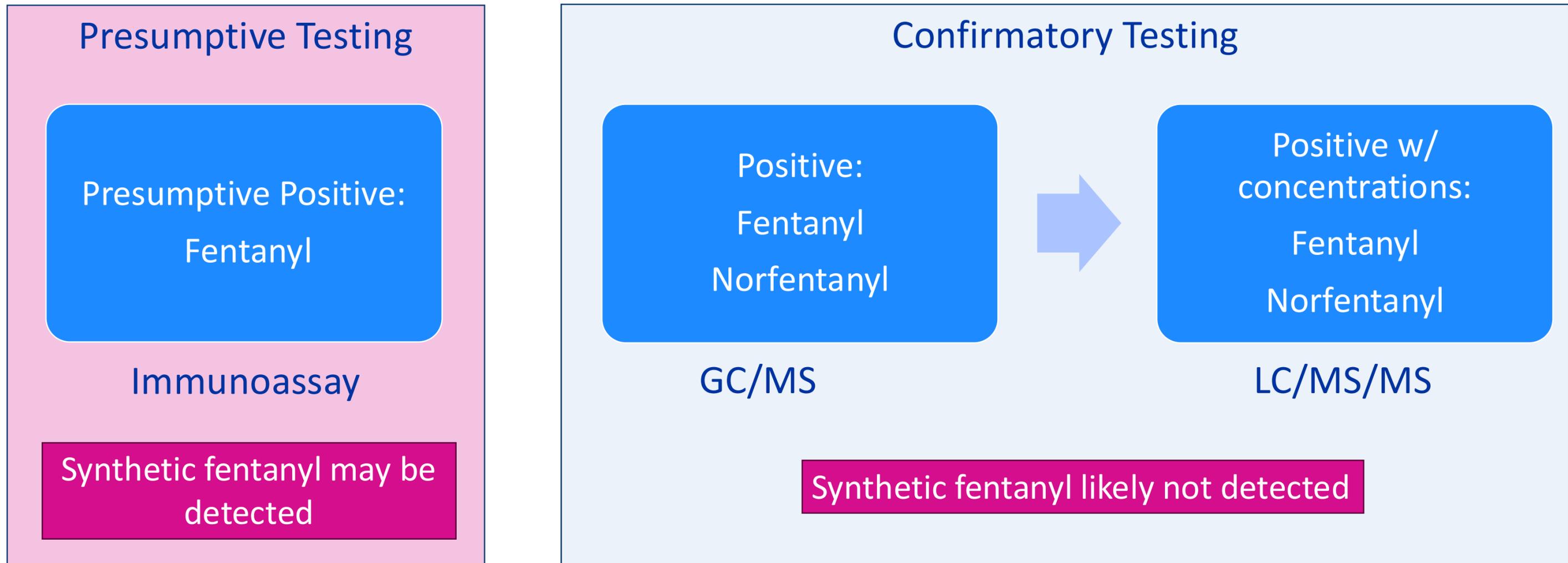
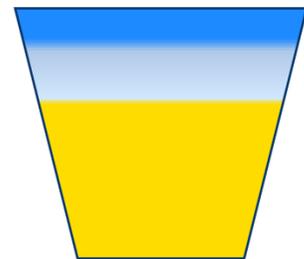
Test Result Released: No

0 Result Notes

Component	4 yr ago
Ref Range & Units	
Amphetamine Screen Urine	Negative
Negative	
Benzodiazepines Screen Urine	Presumptive positive. Confirmation by LC-MS/MS to follow.
Negative	
Cannabinoid Screen Urine	Negative
Negative	
Cocaine Screen Urine	Negative
Negative	
Barbiturate Screen Urine	Negative
Negative	
Opiate Screen Urine	Negative
Negative	
Methadone Screen Urine	Negative
Negative	
Buprenorphine Screen Urine	Presumptive positive. Confirmation by LC-MS/MS to follow.
Negative	
Fentanyl Screen Urine	Presumptive positive. Confirmation by LC-MS/MS to follow.
Negative	
Oxycodone Screen Urine	Negative
Negative	
Resulting Agency	UK LAB

# Toxicology Testing Example

- Urine sample for a patient who recently used fentanyl adulterated with synthetic fentanyl



# Limitations of Hospital Drug Testing

- Substance must be known and in the testing library
- Testing varies greatly between facilities
- Takes time
- Testing has minimal impact on initial patient care
- Depending on the structural similarity, some cross-reactivity may exist



# Testing complexities in illicit opioid supply

## Novel Opioid Receptor Agonists

- Unpredictable cross-reactivity with immunoassays
- Require confirmatory testing but limitations in laboratory libraries
- Concomitant with fentanyl

## Stimulants

- Detection and cross-reactivity varies by stimulant

## Designer Benzodiazepines

- Developed to evade standard testing
- Require confirmatory testing but limitations in laboratory libraries

## Xylazine & Medetomidine

- Require confirmatory testing but limitations in laboratory libraries
- Concomitant with fentanyl

## Other Adulterants / Cutting Agents

- Detection and cross-reactivity varies by agent

Every laboratory has different testing capabilities

# Test Strips

- Immunoassay
- High cut-off concentrations of >1000 ng/mL
- More effective for the detection of drugs or paraphernalia

**Findings:**

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)
	Urine		1. Norfentanyl* (98.0) 2. Xylazine (60.9) 3. Fentanyl (52.1) 4. 4-ANPP (26.6) 5. Tramadol (16.4) 6. Desmethyl- <i>cis</i> -Tramadol* (5.2) 7. Benzoyllecgonine* (4.7**) 8. 7-Amino Clonazepam 9. Acetaminophen 10. Atorvastatin 11. Diazepam 12. Diphenhydramine 13. Furosemide 14. Lidocaine 15. Naloxone 16. Nordiazepam* 17. Nordoxepin* 18. Oxazepam* 19. Temazepam*



## Polling Question

Which intervention should be performed first for a person dropped off in the ambulance bay who is non-responsive to sternal rub and has shallow respirations? The driver reported they used heroin and passed out.

- A. Assisted ventilations
- B. Chest compressions
- C. Naloxone
- D. Intubation

# Opioid Overdose Management

# Symptomatic and Supportive Care

- Airway
- Breathing
- Circulation
- Naloxone should be administered for respiratory depression

Naloxone is not a substitute for emergency medical care.

# Naloxone Administration

## Adult (Nonopioid-Dependent)

- IV, IM, SC: initial dose of 0.4-2 mg; repeat doses every 2-3 minutes; up to 10 mg
- IM, SC (Evzio): 0.4 mg or 2 mg (1 autoinjector); repeat doses every 2-3 minutes
- Intranasal: 2 mg (1 mg per nostril); may be repeated every 3-5 minutes
- Nebulized: 2 mg placed in atomizer with ~3 ml of SWFI or NS, titrated to effect; *some respiratory drive needs to be present*

## Adult (Opioid-Dependent)

- IV, IM, SC: Initial dose of 0.1-0.2 mg; repeat doses may be required every 2-3 minutes
- *Administer slowly to prevent withdrawal*

## Child

- Age <5 years or ≤20 kg: 0.1 mg/kg/dose; repeat doses every 2-3 minutes
- Age ≥5 years or >20 kg: 2 mg/dose; repeat doses every 2-3 minutes

## Naloxone infusion

- Two-thirds of the total initial dose required to restore breathing every hour should be delivered

# Naloxone Administration

## Can precipitate acute withdrawal

- Anxiety, aggression, nausea, vomiting, diarrhea, abdominal pain, and rhinorrhea

## Pulmonary edema, cardiovascular instability, and seizures

- Occur infrequently at dosages in line with those recommended for opioid overdose management

# Naloxone Dosing Changes Over Time

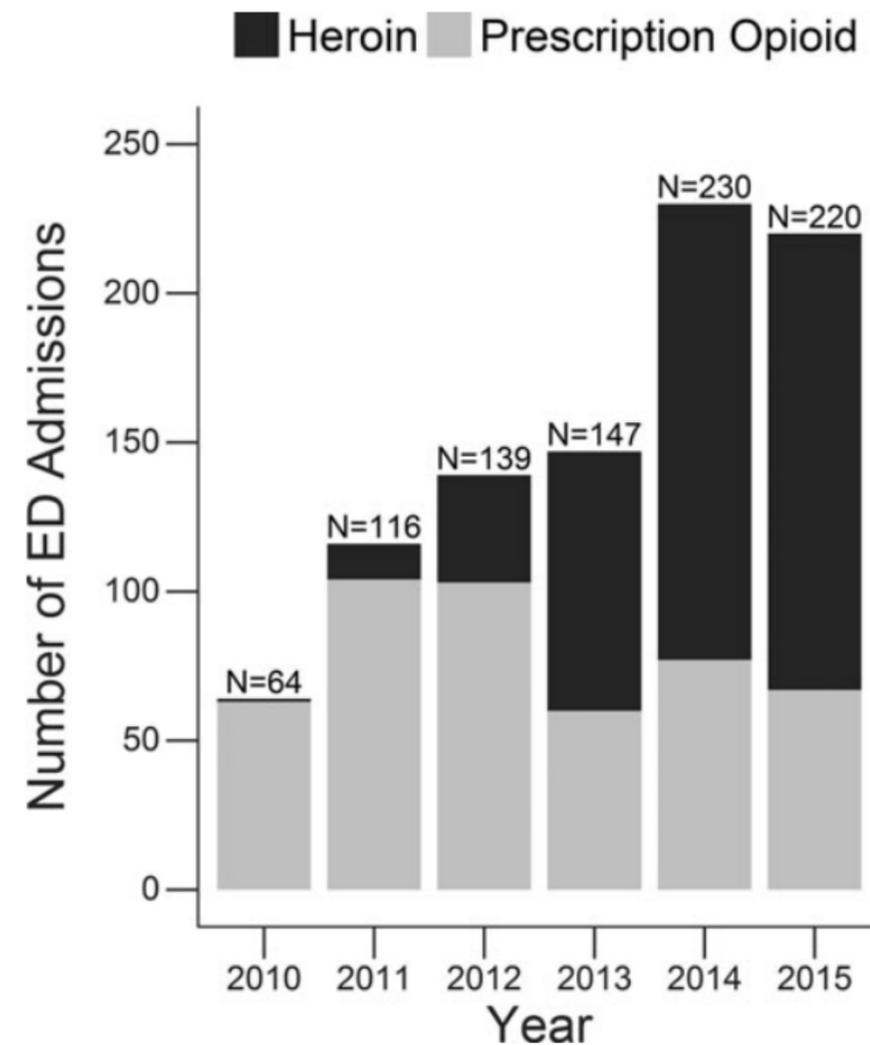
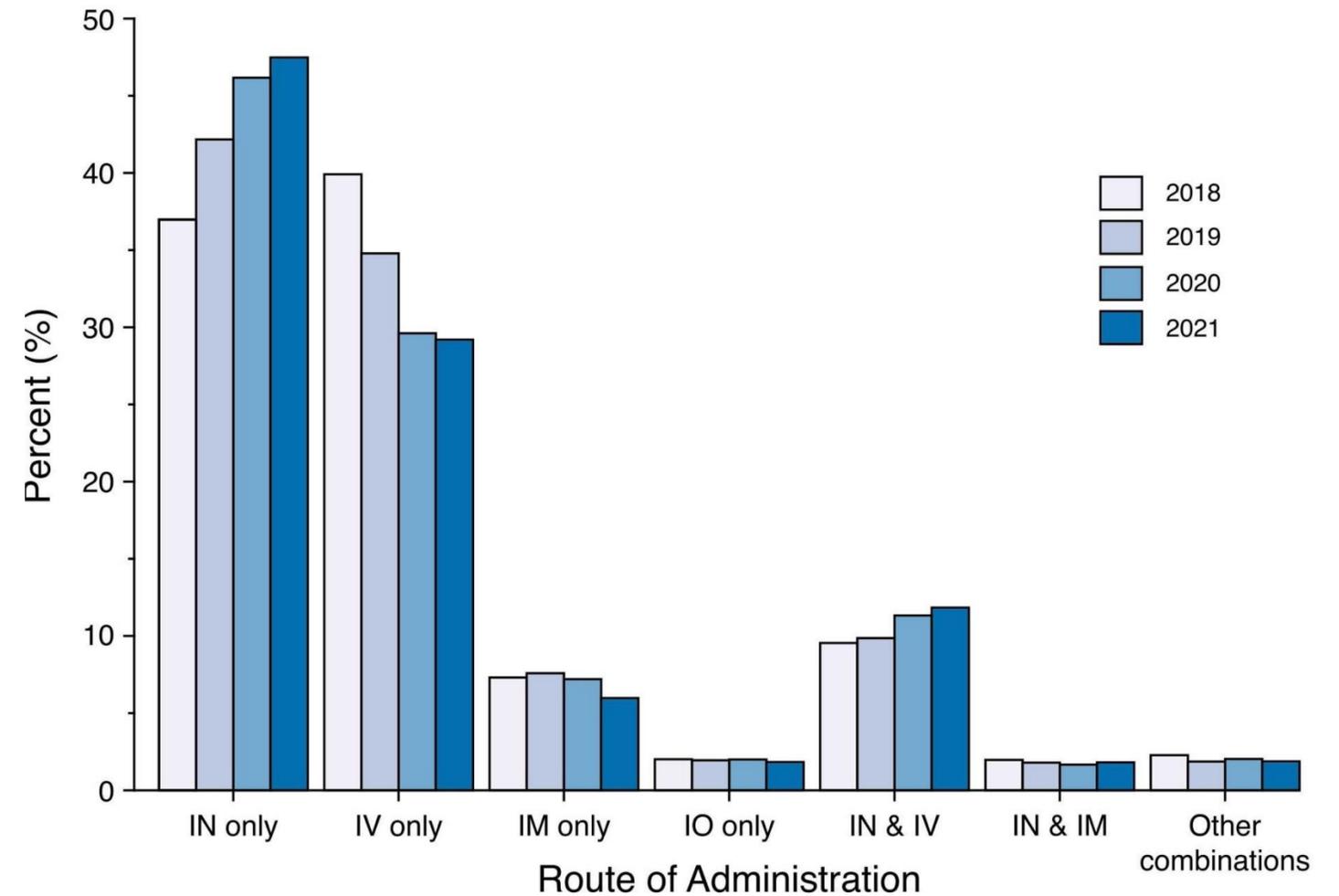
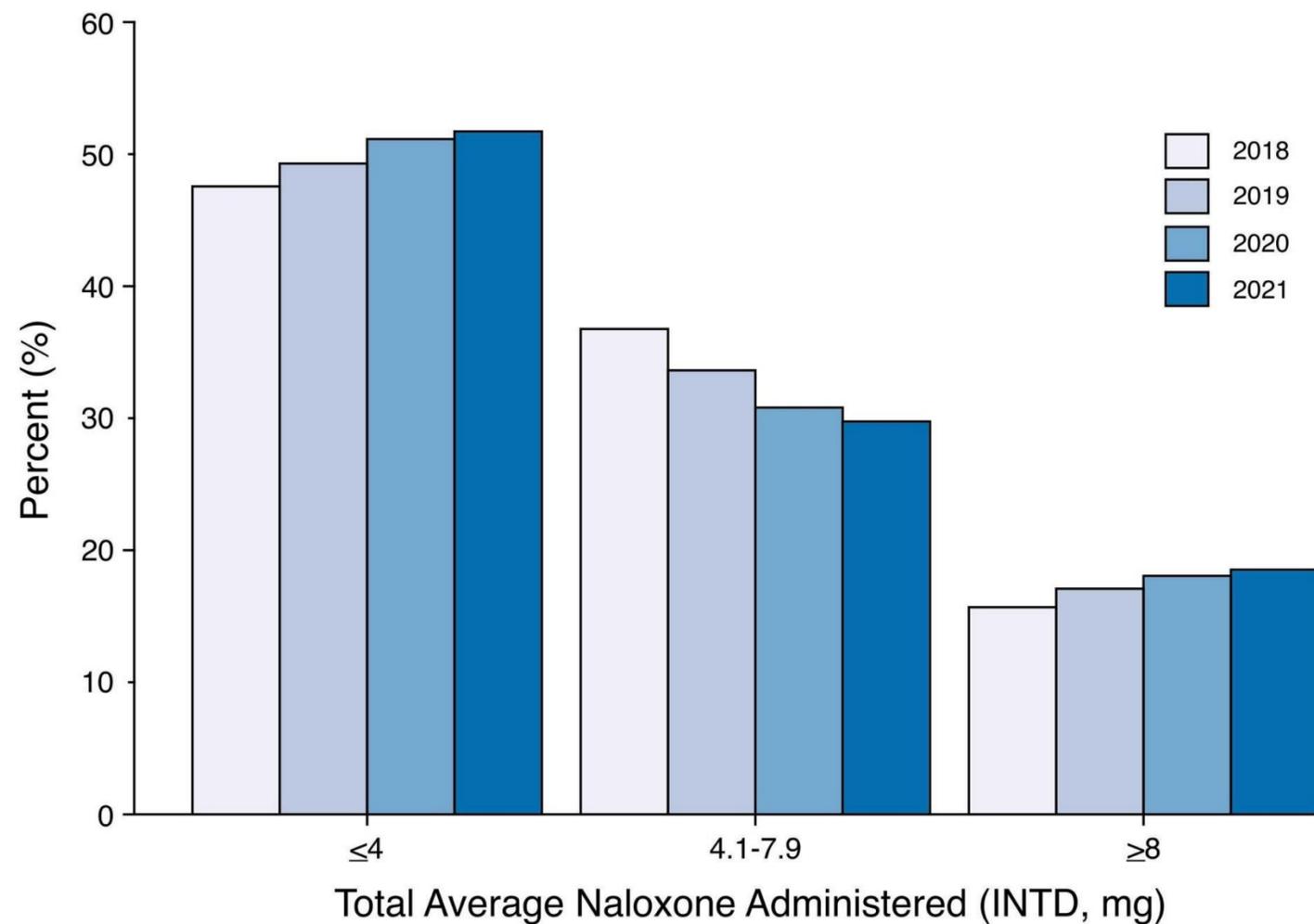


Figure 2. Numbers of patients with heroin and nonheroin (prescription) opioid overdoses by year of presentation to the emergency department (ED).

- Those presenting with heroin overdose, more likely to receive naloxone prehospital but less likely to require naloxone in the hospital
- Patients with nonheroin opioid overdoses required more continuous infusions of naloxone and admission to the intensive care unit

# Naloxone administration in emergency medical services (EMS) encounters for suspected opioid overdose, Kentucky, 2018–2021





## Polling Question

Despite the widespread presence of adulterants in the opioid supply, should naloxone still be used in every suspected opioid overdose?

- A. Yes, naloxone is minimal risk
- B. No, it does not work on adulterants
- C. Maybe, I need more information

# Adulterants Complicating Opioid Overdose Management

# Traditional Thinking

- Naloxone is FDA-approved specifically to reverse respiratory depression from opioid use
- Component of the “coma cocktail” for 50 years
- Both diagnostic and therapeutic

# Complication: Unmasking of Stimulants

## Findings:

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)
	Whole Blood		<ol style="list-style-type: none"> <li>1. Methamphetamine (126000)</li> <li>2. Amphetamine (15400)</li> <li>3. Norfentanyl* (13600)</li> <li>4. N,N-Dimethylamphetamine (9570)</li> <li>5. 4-OH Methamphetamine* (8075)</li> <li>6. Fentanyl (2250)</li> <li>7. Beta-Hydroxy Fentanyl (410)</li> <li>8. Benzoylcegonine* (23.6)</li> <li>9. Xylazine (23.5)</li> <li>10. 4-ANPP (14.4)</li> <li>11. Ketamine</li> <li>12. Naloxone</li> <li>13. Nordiazepam</li> <li>14. Oxazepam</li> <li>15. Promethazine</li> </ol>

Found unresponsive by boyfriend. Was awake on EMS arrival but passed out.

Given 4mg IN naloxone, with response.

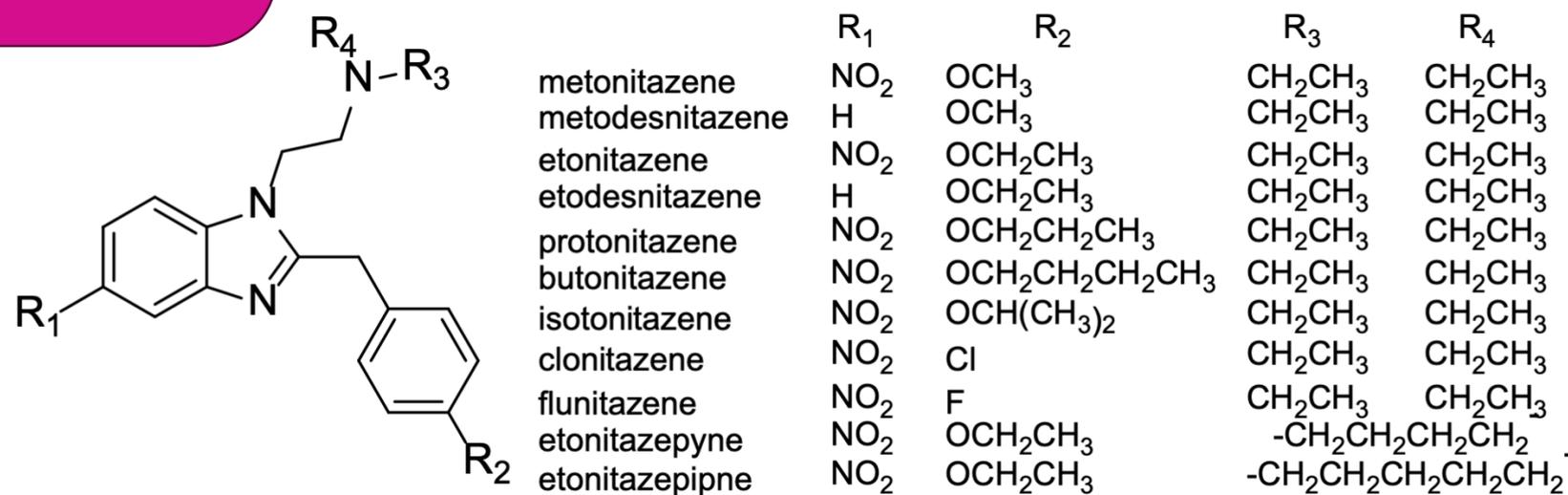
Required Ketamine IV, and Midazolam IM Prior to ED arrival for combativeness.

# Complication: Unmasking of Stimulants

## Findings:

Brought in by EMS, became combative and altered post-naloxone administration. Required ketamine IM for sedation prior to arrival.

Sample ID	Sample	Date	Time	Confirmed Drug (ng/mL)	
	Plasma			1. Butonitazene (7.3)	Opioids
				2. Fentanyl (0.2*)	
				3. Norfentanyl**(0.6)	
				4. MDEA (0.9)	Stimulant
				5. Methamphetamine (13.4)	
				6. Acetaminophen	



# Complication: Alterations in Naloxone Response

## Findings:

Sample ID	Sample	Date, Time	Confirmed Drug (ng/mL)	
	Whole Blood		1. Gabapentin (137)	
			2. 11-nor-9-carboxy-delta-9-THC* (118)	
			3. Methamphetamine (21.9)	Stimulant
			4. Fentanyl (17.9)	Opioids
			5. Norfentanyl* (5.5)	
			6. 4-ANPP (0.8)	
			7. 7-Amino Clonazepam*	
			8. Clonazepam	Benzodiazepines
			9. Diazepam	
			10. Diphenhydramine	
			11. Lidocaine	
			12. Naloxone	
			13. Nordiazepam*	
			14. Norpseudoephedrine	
			15. Oxazepam*	
			16. Temazepam*	

Found unresponsive after snorting an unknown substance.

Given 4mg IN naloxone, with response.

Required repeat naloxone 0.4mg IV x2 while in the ED and was started on a naloxone drip.

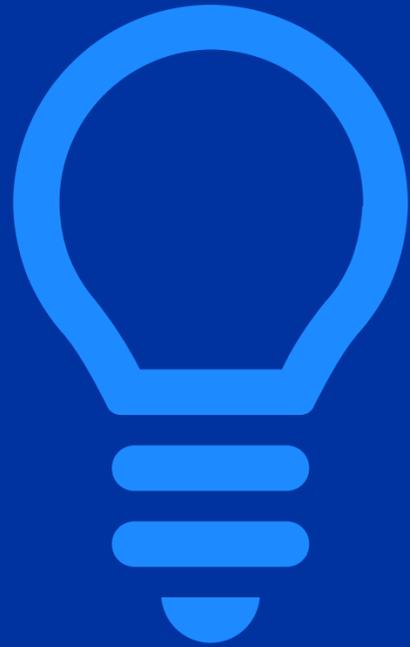
# Complications: Of Clinical Care

- Xylazine-associated wounds
  - Complicate disposition
  - Satellite wounds
  - Frequency is unknown
- Xylazine-associated withdrawal
- Cardiovascular and neurologic complications associated with stimulants
- Adulterant-opioid or adulterant-adulterant interactions



# Polysubstance Presence is Complicating





# Key Takeaways

- 1) The illicit opioid supply is ever-changing and heavily adulterated
- 2) Hospital testing for adulterants and novel substances is limited and highly variable across facilities
- 3) The mainstays of treatment have not changed
  - Symptomatic and supportive care
  - Naloxone

**QUESTIONS?**

This project is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of cooperative agreement 1 NU17CE010186 totaling \$16,222,256 with 0% financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC, HHS, or the U.S. government. For more information, please visit [CDC.gov](https://www.cdc.gov).