

# What Parents & Carers Need to Know About:

## Cannabis



### Cannabis damages young brains!

Brains continue to develop until the age of 25! Teens who use cannabis may have trouble with their **memory, difficulties learning, difficulties paying attention, and problems at home or school.**

### Lock Up All Cannabis Products!

Almost **50%** of high school seniors say it would be **easy for them get cannabis.** (2021 KIP Survey) If you have cannabis products in your home (vapes, edibles), please secure them! Storing them in a lock box will help keep your kids and pets safe. **If you suspect accidental ingestion of cannabis, call 1-800-222-1222.**



### Get the facts and **start talking.**



Know the facts about cannabis - check out **DrugFree.org** and **CDC.gov** for information and conversation starters. **Talk often** (brief convos are best!) and let them know your expectations around cannabis use.

### Know the signs and how to provide support.

**Act quickly** if you suspect a young person in your life is using cannabis. **Reach out** to your child's **pediatrician** for support and connection to resources (e.g., educational materials, counseling, and information on how to quit).

