

Kentucky Statewide Opioid Stewardship (KY SOS)

September Newsletter

Overdose Data 2 Action (OD2A) Quick News- August and September Editions

KyOD2A Happenings **September 2022** issue published an annual report on drug overdose deaths in Kentuckians from **2017-2021** from Kentucky Injury Prevention and Research Center (KIPRC). The report includes overdose rates for all counties in KY and the drug, race, age, gender, and ethnic group involved in the overdose death. Also in this issue you can read an article about medication lock bags to improve safe medication storage and provider education around this topic. To access the full articles please visit: [What's the latest from KyOD2A? \(mailchi.mp\)](#)

OD2A **August 26, 2022** Highlights an article by Wyattte Grantham-Philips from USA TODAY **8/20/22**, "What is Rainbow Fentanyl?" This colorful powder and tablets containing fentanyl are being seen across the U.S. with many worried that children may be targeted. This issue also has a White House Press Release from **8/18/2022** where President Biden is approving funding to fight the overdose epidemic in youth. To access the complete articles, visit: [OD2A Quick News \(mailchi.mp\)](#) and [What is 'rainbow fentanyl?' Colorful pills, powder reported nationwide \(usatoday.com\)](#)

OD2A **August 12, 2022** Read this issue to learn more about "KY Opioid Abatement Advisory Commission Listening Tour." This tour is designed to go into the communities and hear from individuals and businesses on how the money should be distributed. To see the full list of cities with dates and times for the meetings, please visit: [OD2A Quick News \(mailchi.mp\)](#)



The FindRecoveryHousingNowKY.org website will launch on September 28, 2022. This tool is an online, near-real-time substance use disorder (SUD) recovery housing locator with available beds; it also contains a resource library. FindRecoveryHousingNowKY.org provides timely access to safe and affordable recovery housing with options to meet the needs of individuals who have initiated substance use disorder treatment and those who seek recovery from substance use. The FindRecoveryHousingNowKY.org website has over 40 search filters to help users narrow down their search for recovery housing. For more information, visit FindRecoveryHousingNowKY.org or email Angie Kirby at mail@findrecoveryhousingnowky.org.

Kentucky Injury Prevention and Research Center (KIPRC) submitted the above advertisement to KY SOS for publishing.

KORE

Kentucky Opioid Response Effort

WE ARE HIRING!

KORE Treatment
Implementation Specialist

- Support community partners in implementing evidence-based outreach, engagement, and treatment services and supports for persons with OUD
- Facilitate the dissemination of grant funding to local communities
- Work alongside a passionate team

Apply online [here](#) or send your resume to kore@ky.gov

To learn more about KORE, visit kore.ky.gov



Kentucky Opioid Response Effort (KORE) submitted the above poster to KY SOS for publishing.

Data Update

The KY SOS team is reviewing all the data submitted for the metrics and would like to thank everyone for your diligent efforts in data collection and entry into KY Quality Counts (KQC). In review of the data, there are some recurring issues, so we wish to address them here for everyone's benefit. With KY SOS Metric 2b- Concurrent e-Prescribing:

Metric 2b – Concurrent e-Prescribing (From the KY SOS Encyclopedia of Measures)

Description: Patients, age 18 years or older, prescribed via electronic means (unless exempt per KRS 218A.182) two or more schedule II opioids** or a schedule II opioid and benzodiazepine concurrently at discharge from a hospital-based encounter (e.g. inpatient or emergency department, including observation stays).

Numerator: Patients, age 18 years or older, prescribed via electronic means (unless exempt per KRS 218A.182) two or more schedule II opioids or a schedule II opioid and benzodiazepine at discharge.

Denominator: Patients, age 18 years or older, prescribed via electronic means (unless exempt per KRS 218A.182) a schedule II opioid or a benzodiazepine at discharge from a hospital-based encounter (inpatient stay less than or equal to 120 days or emergency department encounters, including observation stays) during the measurement period.

Denominator Inclusions: The following encounters should be included in the denominator: Patients with ICD codes for personal history of cancer (Z85 codes) should be included in the analysis (do not exclude).

Denominator Exclusions: The following encounters should be excluded from the denominator: Encounters for patients with an active diagnosis of cancer during the encounter. This should be identified using patients with active cancer ICD codes (Codes C00-D49). Encounters for patients, who are ordered for palliative care during the encounter, as identified by the reporting institution. Encounters for patients with a length of stay greater than 120 days.

Frequency of Reporting: Monthly

** Schedule II opioids, such as fentanyl, hydrocodone, hydromorphone, meperidine, methadone, morphine, opium, oxycodone, oxymorphone, tapentadol.

The main issue we are encountering with Metric 2b is the inclusion of continued home medications upon discharge in the numerator. This inclusion of home medications falsely inflates the numerator. The **goal for the numerator is zero** as best practices recommend avoidance of concurrently prescribing multiple opioids or a benzodiazepine with an opioid.

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). Please continue to report monthly data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of

improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact Emily Henderson (ehenderson@kyha.com), Stacy Allen (sallen@kyha.com) or Melanie Landrum (mlandrum@kyha.com).

ECHO

Be on the lookout for an invitation to learn with peers!

The Kentucky Hospital Association (KHA) and the KY Statewide Opioid Stewardship (KY SOS) program are delighted to be collaborating with partners at the University of New Mexico (UNM) ECHO Institute and the Centers for Disease Control and Prevention (CDC) to bring an active learning opportunity to KY facilities. This program is free of charge to clinicians and CEUs are available. UNM's TeleECHO Program will partner alongside you in a six week learning opportunity. The TeleECHO session requirements will consist of attendance in a weekly, one hour meeting via webinar. Each clinician is encouraged to submit a case presentation which may be selected for discussion during the session. The clinician will learn with a multidisciplinary team led by UNM faculty and consultants specializing in pain and addiction medicine. Subject matter experts from CDC and UNM's ECHO Institute will be on the webinar to help guide the treatment options. You will have the opportunity to ask questions, make suggestions and recommendations to impact patient care. The learner will increase knowledge in caring for patients with substance use disorder (SUD), chronic pain, and/or mental health concerns. Another added benefit to participation is increased confidence in providing aid to the "displaced" chronic opioid patient. Participation in this six week program will also fulfill Hospital Rate Improvement Program (HRIP) requirements for provider education on best practices in opioid stewardship.

ECHO Curriculum:

1. Safely Caring for Patients with Chronic Pain and Substance Use Disorder
2. Epidemics of Chronic Pain, Substance Use Disorder and Mental Health in the U.S.
3. Medications for Chronic Pain
4. How to Taper Opioids
5. How to Taper Benzodiazepines
6. Medications for Opioid Use Disorder

The first cohort began **August 31, 2022** and was a great success with many accolades from participants. Watch your email for an invitation to participate in upcoming cohorts!

The Happenings

As a reminder for the Hospital Rate Improvement Program (HRIP), the Opioid Provider Education goal is that 90% of **inpatient** providers receive opioid best practice education in

2022. One way this can be accomplished is by providers attending the KY SOS educational webinars, current and previous webinars are acceptable. For past webinars visit: www.kentuckysos.com Go to education/events tab and click on past presentations. The opioid stewardship education can be from any source, not just KY SOS webinars and must occur during the year 2022. The HRIP program does not specify how many hours a provider must attend or how they receive the education (in-person or webinar, etc.), only that the facility must have documentation that the provider received education in 2022. **Documentation** (date, provider and education received) at the facility is required to fulfill this HRIP metric.

During the 4th Quarter 2022, KY SOS will have a one-time metric in Kentucky Quality Counts (KQC) with a numerator of total number of inpatient providers who received education for opioid best practices over the denominator of total number of inpatient providers. If the hospital has 90% or greater they will receive the 0.5% designated funding for the HRIP metric.

Upcoming Events/Webinars

September is National Recovery Month and each year during this time we focus on the efforts being made toward recovery. By highlighting new treatments and recovery practices and drawing attention to the recovery community and those that make recovery possible, we honor this special month. Are there any plans at your hospital or facility for Recovery Month that you would like to share with the KY SOS team? We would be thrilled to highlight your community's efforts. Please visit the following website for programs and events centered on recovery: <https://www.samhsa.gov/recovery-month>

Save the Date:

CELEBRATE RECOVERY

Join Kentucky's Recovery Community Centers Sept. 16 for a celebration of hope and resilience.

WHEN: Noon to 4 p.m. (EST) Friday, Sept. 16

WHERE: Grounds of the Old Capitol, 300 W. Broadway St., Frankfort, KY 40601

WHAT: An event celebrating the thousands of Kentuckians in recovery from substance use disorder.

In addition to speakers, the event will include free naloxone, Covid-19 vaccines, HIV and Hep C testing. Food trucks will be on site as well!

Every Person. ● Every Family. ● Every Community.

Jacqueline Coleman
Lieutenant Governor Of Kentucky

Van Ingram
Executive Director, KY Office of Drug Control Policy

Eric Friedlander
Secretary, Cabinet for Health & Family Services

The event will also feature personal testimonials from Kentucky's recovery community.

October 29, 2022 is the date for the next DEA National Prescription Drug Take Back Day. This is an event held each year to help the public safely and responsibly dispose of prescription medications while educating on the potential for misuse or abuse of prescription medications. Does your facility have any plans for participating in this event? Is your community going to engage in any take back programs? KY SOS would love to highlight your efforts.

For more information on the DEA Drug Take Back Day visit: <https://www.dea.gov/takebackday>

For prescription drug disposal locations in Kentucky by county, visit: <https://odcp.ky.gov/Pages/Prescription-Drug-Disposal-Locations.aspx>

- **KY SOS September Webinar- Danesh Mazloomdoost, MD**, Medical Director of Wellward Medical in Lexington KY and member of the KY SOS Advisory Committee, will present a webinar on **September 20, 12 noon to 1PM ET**. The webinar is entitled, **Unspoken risks of opioids and their more efficacious alternatives**. CE is pending for pharmacy and nursing. Calendar invites have been sent for this event. Please share with others in your facility.

Zoom Information:

Join Zoom Meeting:

<https://us02web.zoom.us/j/83333079700?pwd=MGhKb2lGV3JQdEtKeW5mR25CbjY4Zz09>

Meeting ID: 833 3307 9700; Passcode: 889237

- **UNSHAME KY September Webinar- Combating OUD Stigma within the Workplace and Cultivating Transformative Leaders** will be held on **September 29 at 1PM ET**. The guest speaker will be **Dr. Jason Roop**, Executive Director of Technology Training Center and Campbellsville University joined by panelists **Ted McCoart** and **Mike Riley**. Registration is required to participate. Please register at: unshameky.org/event/CombatStigmaCultivateLeaders
- **KY SOS October Webinar- Danesh Mazloomdoost, MD**, will present: **Diagnosing Back and Neck Pain for Primary and Emergency Care** on **October 20, 12 noon to 1PM ET**. CE is pending for pharmacy and nursing. Calendar invites will be sent for this event.
- There will be no KY SOS webinar in **November 2022**.
- **KY SOS December Webinar- Danielle Anderson, MD**, an addiction psychiatrist and family medicine specialist, will be presenting: **From a Clinical Perspective, Patients Coping with the Holidays** on **December 14 from 12 noon to 1PM ET**. Calendar invites will be sent for this webinar.

- The Drug Enforcement Administration (DEA) is providing an educational opportunity available virtually in September entitled **DEA Virtual Diversion Pharmaceutical Awareness Training 2022**. Pharmacists and pharmacy technicians are encouraged to participate and earn 3.5 contact hours (0.35 CEUs) for FREE while covering topics including but not limited to drug trends and the opioid crisis, drugs of abuse, DEA regulations, issues involving Medicare and pharmacy, fraud and diversion, and DEA inspections.

Remaining dates for the virtual conferences:

- **September 10**
- **September 14**

Each conference will cover the same information and begin at **1:30 PM** and end at **5:00 PM EST**. Registration is required. To register, please visit:

<https://www.deadiversion.usdoj.gov/mtgs/>

In Case You Missed It

- **KY SOS August Webinar- Danesh Mazloomdoost, MD**, Medical Director of Wellward Medical in Lexington KY, presented a webinar entitled, **Dissecting Pain for a Multimodal Approach**.

To watch previous KY SOS recordings, please visit: <http://www.kentuckysos.com/Events-Education/Presentations-Recordings>

It should be noted that viewing past/present KY SOS webinars will fulfill the HRIP provider education requirements for opioid stewardship best practices for CY 2022. Documentation of participation must be kept at individual facilities.

- **2022 Kentucky Harm Reduction Summit** was held virtually **August 10-11, 2022**. The slides for the 2 day event will be made available in the near future at the following website: <https://www.cecentral.com/live/22867/files>

Did You Know...?

KY SOS Advisory Committee members will come to your facility or schedule a zoom meeting for technical assistance. This opportunity allows your staff to get specific education on opioid best practices. If you have specific questions, reach out to KHA SOS staff and you'll be connected with the appropriate KY SOS Advisory Committee member.

Additional Resources on KY SOS Website

- Find Help Now KY is a website used to assist individuals in the community find an addiction treatment facility. For more information, visit the website at www.findhelpnowky.org
- Kentucky Opioid Response Effort (KORE) has funded access to treatment and recovery for individuals who have a functional hearing loss and need effective communication. The guidelines can be found on the KY SOS website or click the link to be directed: <http://www.kentuckysos.com/Portals/2/Documents/KOREGuidelinesDeafHardofHearingAccessdoc.pdf>
- All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>

For more information, please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for program and outpatient pharmacy-related questions–
ehenderson@kyha.com

Stacy Allen for inpatient pharmacy-related questions – sallen@kyha.com

Melanie Landrum for data-related questions – mlandrum@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link.