

Kentucky Statewide Opioid Stewardship (KY SOS)

March Newsletter

OD2A Quick News

OD2A Quick News February 3, 2023 edition has been published. You can read this news update to find out more concerning:

- Information on a funding opportunity from Drug-Free Communities (DFC) Support Program. For more information on the funding opportunity through DFC, please follow this link: [Drug-Free Communities \(DFC\) | Drug Overdose | CDC](#)
- *Evolving and Emerging Threats Committee* of the White House meeting where the presence of xylazine in fentanyl illicit supplies was addressed. To read the full article, please follow this link: [Readout of Evolving and Emerging Drug Threats Committee Meeting Regarding Xylazine - ONDCP - The White House.](#)

To subscribe to OD2A: [Signup Form \(constantcontactpages.com\)](#)

Congress Removes Requirement for DATA-Waiver (X-Waiver)

With the signing of the Consolidated Appropriations Act, 2023 (Omnibus bill), Congress removed the federal requirement for the DATA waiver, or X-waiver, required for practitioners to prescribe medications for Opioid Use Disorder, such as buprenorphine. In January, the Drug Enforcement Administration (DEA) and Substance Abuse and Mental Health Services Administration (SAMHSA) announced that effective immediately, all practitioners with a current DEA registration that includes Schedule III authority, may now prescribe buprenorphine for OUD in their practice, in accordance with applicable state laws. With the removal of the waiver, there are no longer limits on the number of patients a practitioner may treat with buprenorphine, and SAMHSA will no longer accept requests for X-waiver registration. A separate provision of the Omnibus bill addresses new training requirements for prescribers that will go into effect in June 2023. DEA and SAMHSA are working to provide further guidance on these requirements.

<https://www.deadiversion.usdoj.gov/pubs/docs/index.html>

<https://www.samhsa.gov/medications-substance-use-disorders/removal-data-waiver-requirement>

The Kentucky Board of Medical Licensure (KBML) and the Kentucky Board of Nursing (KBN) are aware of the current changes regarding removal of the X-waiver. More guidance can be found here:

KBML: <https://kbml.ky.gov/Pages/index.aspx>

KBN: <https://kbn.ky.gov/Pages/advanced-practice-registered-nurse.aspx#xwaiver>



April 22, 2023- National Prescription Drug Take Back Day 10am -2pm

Keep them safe. Clean them out. Take them back. The US Drug Enforcement Administration (DEA) promotes this biannual National Prescription Take Back campaign, occurring every April and October. This initiative allows for safe and anonymous means to dispose of unused or expired prescription medications in law enforcement locations all over the United States. There is hope that by the removal of these medications from homes all across the nation, it will lessen the potential for pollution, environmental effects impacting public health, as well as greatly decreasing the potential of misuse and possible tragic outcomes when found in the wrong hands, such as children, pets and teens or adults. It may very well be the first line of defense, for some, in the prevention of opioid use disorder, overdose and overdose deaths. By going to www.dea.gov/takebackday, those interested can search for collection sites nearest to their chosen location. For those who may not be able to make it on **April 22, 2023**, there are at least 193 permanent prescription drug disposal locations in Kentucky that offer year round services for medication disposal. Kentucky locations by county can be found on the Kentucky Office of Drug Control Policy website ([Prescription Drug Disposal Locations - Office of Drug Control Policy \(ky.gov\)](http://www.ky.gov)). Your local waste disposal provider may offer guidance on how to properly dispose of medications if unable to attend a take back event and there is an FDA approved flush list that is used only as a *next best* option for potentially dangerous drugs that, for some, may be harmful with even a single dose ([Drug Disposal: FDA's Flush List for Certain Medicines | FDA](http://www.fda.gov)).

So how and where can you promote proper medication disposal in the workplace, home or community? Maybe it is simply taking inventory of your personal medicine cabinet at home or those of extended family. Maybe it is incorporating disposal training and education with your patients at discharge. Wherever that may be, as one large team, protecting our fellow citizens, patients, family, and environment, we can spread the word regarding safe medication handling.

Resources from our partners IPRO Quality Innovation Network-Quality Improvement Organization (IPRO QIN-QIO):

Naloxone Saves Lives

This patient education document describes what Naloxone is, how it works, why it is offered to individuals with an opioid prescription, and signs of opioid overdose. Also available in Spanish. Visit the following link for the complete document:

https://drive.google.com/file/d/1-FOw_9sLOf4XZuQngexcx-Lj6K6KFhdj/view?usp=sharing

Discharge Medications: Nurse-To-Nurse Warm Handoff Guidance

This document is intended for use as a guide for nurse-to-nurse verbal communication of medication-related information required for safe patient transfer upon discharge from the sending to receiving facility. Visit the following link for the complete document:

<https://drive.google.com/file/d/1bda9ULwt69mCWC2chYj6vDgGQH8EFWmq/view?usp=sharing>

Key Messages from CDC Clinical Practice Guideline for Prescribing Opioids for Pain, 2022

Find these key messages and other information on CDC website:

<https://www.cdc.gov/drugoverdose/resources/partner-toolkits.html>

The CDC hosted a webinar in **November 2022** lead by **Captain Deborah Dowell, MD, MPH**. This Clinician Outreach and Communication Activity (COCA) webinar was presented for reference on the Clinical Practice Guideline for Prescribing Opioids for Pain 2022. The webinar link, recording, and slides can be accessed via:

https://emergency.cdc.gov/coca/calls/2022/callinfo_111722.asp

**The above information was obtained from The Centers for Disease Control and Prevention website. Please visit: [Partner Toolkits | Resources | Drug Overdose \(cdc.gov\)](#)

Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact **Emily Henderson** (ehenderson@kyha.com), **Stacy Allen** (sallen@kyha.com), **Marilyn Connors** (mconnors@kyha.com), **Shanna Jagers** (sjagers@kyha.com), or **Melanie Landrum** (mlandrum@kyha.com).

The Happenings

Hospital Rate Improvement Program (HRIP)

For **CY 2023**, an HRIP Quality proposal has been made for the inclusion of three KY SOS metrics associated with HRIP funding. This is still a proposal, as KHA has not received approval as of this distribution date. However, in an effort to inform everyone, KY SOS wanted to get this information out to the facilities so planning may begin. **Melanie Landrum, Vice President of Data, Operations and Innovation of KHA**, has been conducting Town Halls to disseminate the proposal information. The three KY SOS metrics included in the proposal are:

- **Emergency Department Opioid Use for Acute Ankle Sprain (ALTO)**

Provided for your convenience, the KY SOS Encyclopedia of Measures (EOM) details concerning **Metric 3a**.

KY SOS Metric 3a

Metric 3a – Emergency Department Opioid Use for Acute Ankle Sprain

Description: Patients, age 18 years or older, prescribed no opioids during an emergency department encounter for a specific pain-related condition.

Numerator: Patients, age 18 years or older, who receive no opioids prior to discharge from the emergency department after initial encounter for dislocation or sprain of the ankle (ICD-10 Code S93.0xx, S93.4xx).

Denominator: Patients, age 18 years or older, discharged from the emergency department after initial encounter for dislocation or sprain of the ankle (ICD-10 Code S93.0xx, S93.4xx).

Denominator Exclusions: The following encounters should be excluded from the denominator: Encounters for patients with a 7 th character modifier of D or S (e.g. S93.401D).

Frequency of Reporting: Monthly

Source: Kosik KB, Hoch MC, Humphries RL, et al. Medications use in U.S. emergency departments for an ankle

- **Discharge with an Opioid Prescription (Freestanding Rehab Hospitals Only)**
- **Opioids for Uncomplicated Vaginal Deliveries (Birthing Hospitals)**

Provided for your convenience, the KY SOS EOM details concerning **Metric 4b:**

KY SOS Metric 4b

Metric 4b – Opioid Use for Select Procedures (zero days)

Description: Patients, 18 years or older, prescribed no schedule II opioid after select surgical procedures.

Numerator: Patients, 18 years or older, undergoing the selected procedure who are not prescribed via electronic means (unless exempt per KRS 218A.182) a schedule II opioid.

Denominator: Patients, 18 years or older, undergoing the selected procedure.

Denominator Exclusions: None

Frequency of Reporting: Monthly

Uncomplicated vaginal delivery ICD-10 O80 (*Encounter for full-term uncomplicated delivery*)*

Per ACDIS.org, "In the inpatient setting, the primary diagnosis describes the diagnosis that was the most serious and/or resource-intensive during the hospitalization or the inpatient encounter."

Source: <https://acdis.org/articles/qa-primary-principal-and-secondary-diagnoses-0#:~:text=For%20example%2C%20a%20patient%20might,decide%20to%20>

****It should be noted, when a patient has other diagnoses in addition to the ICD-10 O80, they will need to be included in the denominator. Be sure to include in the numerator as well IF the patient is not prescribed a schedule II opioid.****

Primary Care Clinic Outpatient Program

You are aware of the extensive inpatient work around opioid stewardship since the inception of the KY SOS program, but are you aware the program is growing to include hospital owned primary care clinics? The Cabinet for Health and Family Services approached KHA to expand its bandwidth and provide education and guidance in opioid stewardship to primary care clinics. The suggested program, called Six Building Blocks (6BB), was created by a physician-led

multidisciplinary team from the University Of Washington Department Of Family Medicine and the Kaiser Permanente Washington Health Research Institute. The 6BB Program is a team-based approach to improving opioid management in primary care. In its entirety, the 6BB Program is a 9-to-12-month commitment for primary care clinics. This program is a “clinic redesign” with goals to consistently treat chronic pain patients on long-term opioid therapy in accordance with evidence-based clinical practice guidelines. Information about the 6BB Program can be found on the website: <https://familymedicine.uw.edu/improvingopioidcare/>.

The Six Building Blocks are as follows:

1. Leadership and Consensus-Demonstrate leadership support and build organization-wide consensus to prioritize more selective and cautious opioid prescribing. Solicit and respond to feedback.
2. Policies, Patient Agreements and Workflows-Revise, align, and implement clinic policies, patient agreements, and workflows for health care team members to improve opioid prescribing and care of patients with chronic pain.
3. Tracking and Monitoring Patient Care-Implement proactive population management before, during, and between clinic visits of all patients on long-term opioid therapy. Develop tracking systems; track patient care.
4. Planned, Patient-Centered Visits-Prepare and plan for the clinic visits of all patients on long-term opioid therapy. Support patient-centered, empathetic communication for care of patients on long-term opioid therapy. Develop, train staff, and implement workflows and tools; develop patient outreach and education.
5. Caring for Patients with Complex Needs-Develop policies and resources to ensure that patients who develop opioid use disorder (OUD) and/or who need mental/behavioral health resources are identified and provided with appropriate care, either in the primary care setting or by outside referral. Implement assessment tools; identify and connect to resources for complex patients.
6. Measuring Success-Identify milestones and monitor progress. Measure success and continue improving with experience.

Appalachian Regional Healthcare (ARH) has been the first health system to implement this important program. As the pilot health system, the 6BB program is currently in the process of implementation into clinics in the Hazard, Whitesburg and Prestonsburg areas. After policy and workflow changes have been made in these pilot clinics, work will continue in the remaining ARH primary care clinics. Thank you to ARH for piloting this 6BB program! The goal for this 6BB Program is to be implemented across the state. Clinics are currently being recruited to implement the outpatient work. KY SOS is excited to announce TJ Regional Health has committed to participating in the 6BB program in all 9 clinics. The onboarding and implementation of the program began in February 2023. Thanks to TJ Regional Health for your commitment to improve opioid stewardship efforts in the outpatient clinics in your area. Ongoing recruitment and education of this program is a priority of the KY SOS program. Reducing opioid overprescribing while improving safe opioid use in inpatient and primary care clinics in Kentucky continues to be the KY SOS mainstay and goal. If your facility has interest in learning more about the 6BB program and implementing, contact Emily Henderson

(ehenderson@kyha.com), Shanna Jagers (sjagers@kyha.com) or Marilyn Connors (mconnors@kyha.com) for more information about the KY SOS 6BB program implementation.

KYSOS Launches New Emergency Department Bridge Program

The Kentucky Hospital Association and the Kentucky Statewide Opioid Stewardship (KY SOS) program are excited to launch the Emergency Department Bridge program. The ED Bridge program is an expansion of the existing KY SOS program, which focuses on inpatient and outpatient (primary care clinics) opioid stewardship. This expansion will provide even more access to treatment and care for patients across the Commonwealth.

KY SOS announced the launch of this additional program with a webinar on January 26. You will find the webinar recording and presentation slides on the KY SOS website, under the Education/past presentations tab. Click on this link: www.kentuckysos.com

ED Directors and Quality Leads received an email about a Baseline Assessment Survey for the KY SOS ED Bridge Program launch. If your facility did not receive an email regarding ED Bridge Program Baseline Assessment Survey, please contact Emily Henderson. For your convenience, here is the link for the **Baseline Assessment Survey**: https://jh.qualtrics.com/jfe/form/SV_er4kmDPhiu4BXJc . A PDF of the survey was distributed in the email as well.

Please **submit one survey per facility**. The survey is **due Friday, March 10**.

Emily Henderson is sending reminders of the survey deadline. KY SOS wants 100% completion of this survey by all acute care facilities in the state. Thank you to the facilities who have submitted the survey to date. The program has received 44 completed surveys to date. Please speak with your ED Directors and/or Quality Leads to make sure this survey is completed and submitted by **March 10, 2023**.

This baseline information is vital for KY SOS to know where you are with your current efforts, so the program can provide the needed resources for successful bridge implementation and growth in your facility.

Please contact Emily Henderson (ehenderson@kyha.com) or Melanie Landrum (mlandrum@kyha.com) if you have questions about the survey or ED Bridge program. KY SOS is looking forward to working together to grow ED Bridge programs across Kentucky.

Quality Improvement Through Community Coalitions

KHA/KHREF has established 8 regional communities for networking opportunities for providers, beneficiaries and community stakeholders.

The Community Coalitions bring together individuals and/or organizations who work together to achieve a common purpose for the patient. The coalition will address the needs and concerns of the community and how to best serve the patients within the community. The

advantages of the coalition will allow for increased access to resources and improve overall community organization and working relationships.

The goals of coalition is to work on the following:

- **Opioid** utilization and misuse
- **Chronic disease** self-management
- Community education to increase influenza, pneumococcal and COVID-19 **vaccination rates**
- Decrease preventable/avoidable **readmissions**
- Support care settings with public health emergency plans

Who should be part of the Community Coalition:

- Clinician Practices
- Nursing Homes
- Hospitals
- Home Health Agencies
- Hospice Agencies
- Pharmacies
- Area Agencies on Aging
- Community Health Centers
- Senior Housing
- Substance Abuse Recovery Organizations
- Patients and Families
- Faith Based Organizations
- Emergency Responders
- Local Resources such as food banks

Upcoming Community Coalition Meetings:

KY5 Fleming/Mason Coalition Meeting

Friday, March 10, 2023 from 11:30 – 1:00 PM

In-Person Meeting - Fleming County Extension Office

Agenda:

1. Welcome and Overview
2. Three Medicaid Managed Care Organizations (MCOs) will provide resources and information on food, housing, and transportation programs that are available to Medicaid beneficiaries.
3. Open Discussion from partners
4. Next Meeting and Agenda Items

KY5 includes hospitals and community partners in the following Counties: Bourbon, Boyd, Estill, Fleming, Lawrence, Mason, Morgan and Rowan. All other counties who would like to participate are welcome to join the community meeting.

KY2 Coalition Meeting

Tuesday, March 21, 2023 from 1:00 PM-2:00 PM EST

Zoom Meeting

To Join the Community Meeting: <https://bhsi.zoom.us/j/94851425823>

Agenda:

1. Welcome and Overview
2. Community Data Update from Alliant Health
3. Discussion on COPD
4. Cardiac Rehab Program Discussion
5. Open Discussion from community partners

KY2 includes hospitals and community partners: Baptist Health Hardin, Owensboro Health Regional Hospital, Flaget Memorial, Breckinridge Memorial, Encompass Health Rehabilitation Hospital of Lakeview, Ohio County Hospital, Owensboro Health Twin Lakes Regional Medical Center, Deaconess Henderson Hospital, Owensboro Health Muhlenberg Community Hospital, and Deaconess Union County. All other counties and hospitals who would like to participate are welcome to join the community meeting.

KY6 and KY8 Coalition Meeting

March 23, 2023 from 1:00-2:00 PM EST

Zoom Meeting

To join the Zoom Meeting:

<https://us02web.zoom.us/j/87097245615?pwd=NFN0Z2diVWVRNkJaYlNKUkFDUVFSZz09>

Meeting ID: 870 9724 5615

Passcode: 2501

Agenda:

1. Welcome
2. Update on the New CDC Clinical Practice Guidelines for Prescribing Opioids for Pain
3. X Waiver Update
4. Addiction Recovery Center (ARC) Residential and Outpatient Resources
5. Update from ARH Primary Care Clinics on Opioid Prescribing Best Practices

KY6 and KY8 hospitals and community partners: : Barbourville, Corbin, Cumberland, Harlan, Hazard, Highlands, Kentucky River, London, Advent Health Manchester, Martin, Mary Breckinridge, McDowell, Middlesboro, Our Lady of the Way, Paintsville, Pikeville, Pineville, Whitesburg, and Tug Valley. All other counties and hospitals who would like to participate are welcome to join the community meeting.

Upcoming Events/Webinars

- **KY SOS March Webinar- Debbie Neff, PT, DPT** Director of Rehabilitation Services of St. Claire HealthCare will present to attendees about **The Role of Physical Therapy in Chronic Pain and Substance Abuse Disorder from St. Claire HealthCare**. This webinar is scheduled for **March 29, 2023 12 PM to 1 PM ET**. Calendar invites have been sent.

Join Zoom Meeting:
<https://us02web.zoom.us/j/84784525144?pwd=QnlnVmxvSWFENFNmNmXGRG5hUXkrUT09>
 Meeting ID: 847 8452 5144
 Passcode: 2501
- **KY SOS April Webinar- Blair Tolar, MD, CPE, FACOG** Medical Director BHMG Paducah, Physician Chair, Women's & Newborn Service Line, Baptist Health System, Medical Director, Robotic Surgery, Baptist Health System will present to attendees about the ERAS protocol for cesarean sections of Baptist Health System and opioid stewardship. The webinar is scheduled for **April 13, 2023 1 PM to 2 PM ET**. Calendar invites will be sent closer to date with Zoom link.
- You are invited to attend the **Appalachian Gathering for Recovery Solutions** second edition, hosted on **March 9, 2023** at Union College, KY. You are welcome to participate in person or online. Here is the registration link:
<https://www.eventbrite.com/e/appalachian-gathering-for-recovery-solutions-second-edition-tickets-489065617427>
- We are excited to announce the HEALing Communities Study (HCS) Learning Collaborative virtual session scheduled on **March 22, 2023 @ 10:00 am, *First Responder Leave Behind Program*** featuring presenter, **Dr. Doug Oyler, Pharm D**, faculty team member for the Kentucky HEALing Community Study. Following the presentation, we will have a roundtable discussion with **Tonya Donselman, EMT-P**, Assistant Director of Madison County EMS and **Terry Dunn**, Community Outreach Coordinator for Boyle County EMS. The focus of this topic will be the discussion of the need for EMS-led naloxone leave behind programs, Kentucky Administrative regulations and statutes, and barriers to implementation of leave-behind programs.

This is one of a series of Virtual Learning Collaboratives that we plan to host, with subsequent collaboratives designed for shared learning and professional network development.

CE credit: 1 continuing education credit will be offered for registered nurses, advanced practice nurses, pharmacists, physicians, social workers and licensed clinical alcohol and drug counselors.

To register, visit: https://uky.az1.qualtrics.com/jfe/form/SV_571cKO1TVqm7Ufc

Who: All community members, healthcare professionals, EMS and fire department personnel, and interested coalition members. Please feel free to forward this email to individuals and organizations in your communities that may be interested in learning about first responder leave behind program.

- The Kentucky Overdose Prevention Education Network (KY-OPEN) is a weekly educational webinar that is offered as part of the NIH funded [HEALing Communities Study](#). In addition to our live weekly events, we have **40+ hours of educational content available for free that comes with CE credit and HB-1 credit**. All sessions focus on Opioid Use Disorder, Medication for Opioid Use Disorder, Substance Use Disorder, and co-morbid conditions. A list of sessions that are currently available can be found here: <https://www.cecentral.com/node/1726>. We are also in the process of adding additional sessions.

For additional information about KY-OPEN you can visit: <https://kyopen.uky.edu/>.

If you need additional information or have any questions, please contact:

John Lauckner, M.A.
Education Program Coordinator
HEALing Communities Study
University of Kentucky
845 Angliana Ave
Lexington, KY 40508-0098
john.lauckner@uky.edu
Cell:706-510-5576

- **Management of All Patients at Risk for Persistent Opioid Use: Findings from SEH Obstetric Unit Protocols** presented by **Ayesa Hilvano, MD**
Friday, July 21, 2023, 2:00PM-3:00PM EST
Registration Link: <https://register.gotowebinar.com/register/551209797014676566>



www.OpioidResponseNetwork.org

Providing Peer Based Recovery Support Services for Pregnant and Parenting Families Two-Day Virtual Training

Date and Time: March 14 and 15, 2023 9:00 am - 4:30 pm (45-minute lunch break)

Registration Link: <http://bit.ly/3TzU9jH>

Note: Registration for this training is limited to 35 total participants

Audience - Those who:

- Currently provide peer-based recovery support services to pregnant/parenting families
- Provide supervision to peers working with pregnant/parenting families
- Work in one or more of the following settings: a substance use disorder treatment service; a recovery community organization (RCO); a child welfare or home visiting program; a healthcare or emergency crisis service

About:

The overall goal of this training is to better prepare Peer Recovery Support Specialists to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents.

Training Topics:

- A. Working in diverse settings such as healthcare or child welfare
- B. Supporting individuals and families through pregnancy, delivery, and parenting babies with neonatal abstinence syndrome and neonatal opioid withdrawal
- C. Fostering and strengthening nurturing parent/child relationships within the context of peer support services
- D. Being a catalyst for growth in recovery through person-centered Recovery Planning
- E. Coordinating with others in your community that support families with young children

Trainer: Sharon A. Hesseltine, BSW, ORN Advanced Implementation Specialist

Questions: Email wballard@msm.edu

Funding for this initiative was made possible (in part) by grant no. 1H79TI083343 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services;



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



Great Lakes (HHS Region 5)

ATTC

Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Motivational Interviewing and SBIRT Training 2023

Build your Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) skills in 2023! We're offering multi-session series throughout the year. Attend all sessions and you'll earn NAADAC Continuing Education hours. (Be sure to make note of pre-requisites for each level of training.) Join colleagues from across the region in learning to apply this evidence-based practice with fidelity. View the complete [2023 Motivational Interviewing calendar](#) on our website!

Level 1

[Register for Level 1 Winter](#)

Spring 2023:

Motivational Interviewing: Relational Skills-Level 1

- March 1, 2023 from 8:30AM-11:30AM CT
- March 8, 2023 from 8:30AM-11:30AM CT
- March 15, 2023 from 8:30AM-11:30AM CT

[Register for Level 1 Spring](#)

You must complete Level 1 (Relational Skills) in order to attend Level 2 (Technical Skills) and Level 3 (SBIRT and Coding & Coaching).

[Visit our website to see our full 2023 Motivational Interviewing and SBIRT calendar!](#)

Meet the Trainer:

Laura A. Saunders, MSSW, is the Wisconsin State Project Manager for the Great Lakes Addiction, Mental Health and Prevention Technology Transfer Centers. Her position is housed at the UW–Madison, where she’s worked since 1988. Since 2001, Laura has provided SBIRT and Motivational Interviewing training to physicians, nurses, medical students, psychologists, specialty addiction treatment providers, social workers, physical therapists, health educators, and staff who work in correctional settings. She has provided feedback and coaching to hundreds of social workers, correctional staff, and other human service providers who are interested in using evidence-based practices with fidelity. Laura joined the international group of Motivational Interviewing Network of Trainers (MINT) in 2006 (Sophia, Bulgaria) and is an active member of the Wisconsin MINT group.



The [Great Lakes ATTC](#), [MHTTC](#), and [PTTC](#) are funded by [SAMHSA](#) to provide training and technical assistance to the behavioral health prevention, treatment, and recovery services workforce in Health and Human Services Region 5: IL, IN, MI, MN, OH, and WI.



In Case You Missed It

- **KY SOS February Webinar- Connie White, MD**, retired OB/GYN physician and Kentucky Department for Public Health (KDPH) Deputy Commissioner spoke with attendees about **KY SOS Metric 4b- Opioid Use for Uncomplicated Vaginal Delivery**. It has been proposed in **CY 2023** for this metric to have HRIP funding. The recording of this webinar can be accessed at:
<http://www.kentuckysos.com/Portals/2/Presentations/SOSandOpioidsPostpartum022123.pdf>
- **CDC Opioid Prescribing Guidelines 2022**- A learning opportunity for pharmacists, pharmacy technicians, physicians, nurse practitioners, physician assistants, dentists was presented by **Doug Oyler, PharmD**, Assistant Professor, Pharmacy Practice and Science Director, Office of Opioid Safety, UK Healthcare in conjunction with KPhA and the KY Board of Pharmacy on **March 7, 2023**. The following objectives were covered:

Objectives:

- Describe the role of prescription opioids in creating and sustaining the US opioid crisis.
- List the 12 recommendations from the 2016 CDC opioid prescribing guidelines.
- Discuss consequences of misapplication of the 2016 CDC guidelines.
- List key procedural steps in updating the 2016 guidelines for 2022.
- Evaluate recommendations from the 2022 CDC guidelines and appropriate application.

QUESTIONS? Contact Martika: martika@kphnet.org

- **CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022**
The CDC recently released the long awaited guidelines for treating pain of the acute, subacute, and chronic states. The newly released guidance from the CDC both updates and is meant to replace the **2016 CDC Opioid Guideline for pain**. For the complete guidance, please visit: <https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm>
- The FDA issued an alert to healthcare professionals concerning the presence of xylazine in illicit drugs. For the complete alert: <https://www.fda.gov/drugs/drug-safety-and->

[availability/fda-alerts-health-care-professionals-risks-patients-exposed-xylazine-illicit-drugs](#)

KORE

Kentucky Opioid Response Effort (KORE) is hiring. The online portal closed February 4, 2023, but they will continue to accept emailed resumes after that date.

KORE is hiring a Treatment Implementation Specialist to guide funded programs in best practices and strategic interventions. Come join us! Apply here: tinyurl.com/4pcd3rrr or submit your resume to kore@ky.gov

WE'RE HIRING

Department for Behavioral Health,
Developmental & Intellectual Disabilities

TEAM
KENTUCKY.
CABINET FOR HEALTH
AND FAMILY SERVICES



Kentucky Opioid Response Effort (KORE)

Treatment Implementation Specialist

ARE YOU INTERESTED IN...

- Supporting community partners in implementing evidence-based outreach, engagement, and treatment services and supports for persons with Opioid and Stimulant Use Disorder
- Facilitating the dissemination of grant funding to local communities
- Working alongside a passionate team

WE WANT YOU ON OUR TEAM!

To learn more about KORE, visit kore.ky.gov



KORE submitted the above information and advertisement for publication.

Did You Know...?

KY SOS Advisory Committee members will come to your facility or schedule a zoom meeting for technical assistance. This opportunity allows your staff to get specific education on opioid best practices. If you have specific questions, reach out to KHA SOS staff and you'll be connected with the appropriate KY SOS Advisory Committee member.

Additional Resources on KY SOS Website

- Find Help Now KY is a website used to assist individuals in the community find an addiction treatment facility. For more information, visit the website at www.findhelpnowky.org
- Kentucky Opioid Response Effort (KORE) has funded access to treatment and recovery for individuals who have a functional hearing loss and need effective communication. The guidelines can be found on the KY SOS website or click the link to be directed: <http://www.kentuckysos.com/Portals/2/Documents/KOREGuidelinesDeafHardofHearingAccessdoc.pdf>
- A new harm reduction resource for those in recovery. Find Recovery Housing Now KY is a real-time SUD recovery network to help individuals in recovery locate housing. Please visit: <https://chfs.ky.gov/agencies/dbhdid/Pages/krhn.aspx>
- The National Suicide Prevention Lifeline is now: 988 Suicide and Crisis Lifeline. Please visit: [Lifeline \(988lifeline.org\)](http://Lifeline(988lifeline.org))
- All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>



FindRecoveryHousingNowKY.org is a free near-real-time recovery housing locator and resource library for the state of Kentucky. The website launched on Wednesday, September 28, 2022. FindRecoveryHousingNowKY.org allows hospital staff and clinicians to locate available recovery housing openings for patients who are seeking safe and affordable housing that supports their recovery from substance use disorder (SUD). A simple search can be completed within one minute. More than 40 filters are available to help narrow down a search. FindRecoveryHousingNowKY.org also provides a guided search tool for those who are not sure what they are looking for. The tool asks the website searcher a series of questions and provides a list of recovery houses based on the searcher's responses. The online library has resources on how to obtain a driver's license/identification card, health insurance, and food benefits, as well as on various support services. FindRecoveryHousingNowKY.org also has materials such as brochures, pocket cards, stickers, and magnets that can be ordered and mailed at no cost. Much like its sister site FindHelpNowKY.org, a free near-real-time substance use disorder treatment locator, FindRecoveryHousingNowKY.org is a linkage to care component for individuals with SUD. FindHelpNowKY.org launched in 2018 and has more than 700 SUD treatment facilities and over 300 providers listed on the site.

If you have any questions or would like more information on FindRecoveryHousingNowKY.org, please email the FindRecoveryHousingNowKY.org team at mail@findrecoveryhousingnowky.org.



For more information, please visit: www.kentuckysos.com or contact a KHA staff member to assist.

Melanie Landrum for data-related questions – mlandrum@kyha.com

Emily Henderson for ED Bridge/outpatient/program related questions– ehenderson@kyha.com

Shanna Jagers for outpatient primary care clinic questions- sjagers@kyha.com

Marilyn Connors for outpatient primary care clinic questions- mconnors@kyha.com

Stacy Allen for inpatient pharmacy-related questions – sallen@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link