



*Working to Reduce the Number
of Opioid Prescriptions in Kentucky
by One-Third by 2025*

June 2020

KY SOS Links

- [About KY SOS](#)
- [Events & Education](#)
- [Standards](#)
- [Resources](#)
- [Contact Us](#)



KENTUCKY
Cabinet for Health and
Family Services



HealthCare



Kentucky Statewide Opioid Stewardship (KY SOS) June Newsletter

A Message from the KY SOS Team

KY SOS has been granted an extension year. KY SOS will continue to work on reducing the number of opioid prescriptions in Kentucky through June 2021, and hopefully longer! KY SOS is hoping to expand in other areas of health care.

KY SOS has designed a retractable banner for hospitals to showcase their participation in the KY SOS program. Each participating hospital will receive three banners to display in their lobby/registration area, emergency departments and/or any other location within the facility for the public to view. These banners will be mailed out this month to your facility's project lead.

Hospital Highlight

U of L Health – Jewish Shelbyville Hospital (JSH) has significantly reduced their use of opioids in the emergency department.

Amy Capps, ER Nurse Director, told KY SOS how they did it, "Our starting point was to look at our top prescribers and diagnosis' that led to opioids being prescribed. Having this knowledge allowed us to take our next steps. We decided as an organization that the amount of narcotic prescriptions being written would be reduced, meaning patients must meet have a definitive diagnosis, such as a fracture. In addition, we decreased the maximum amount to 3 days of medication without refills. Next we decided to take one diagnosis from our list and create a non-opioid medication regime. We chose migraine, and had tremendous success with acceptance by both staff and patients a like when properly educated regarding rebound headaches associated with narcotics and the success at improving migraines through the non-opioid medication management. We are currently looking at other diagnosis we could eliminate opioid usage with and developed a comfort menu to be used throughout the hospital to give patients options other than medication to achieve their comfort goals."

If you would like to reach out to Amy, please contact the KY SOS team.

KY SOS hosted a three part ALTO webinar series earlier this year with Dr. Ryan Stanton, ER Physician for Baptist Health and on KY SOS Advisory Board. These webinars were recorded and can be found under the Education section on the KY SOS website.

Data Update

KY SOS has begun data collection from participating facilities. Hospitals are submitting their data through an online Kentucky Quality Counts (KQC) system. As a reminder, KY SOS will use data from January through March 2020 as baseline data.

KY SOS understands that the COVID-19 pandemic may have slowed hospitals' ability to report data due to facility staffing and resources being limited. Please know that your continued opioid stewardship efforts are vital to the success of our state. Do not let data deadlines add additional stress to your already full schedule. Facilities can input data retroactively into KQC. If you believe you will experience a delay, please reach out to KY SOS for assistance.

The Happenings

June Webinar

- Dr. Connie White, Deputy Commissioner for Kentucky Department for Public Health, will present on OB prescribing, KY SOS metric 4's uncomplicated vaginal delivery, best practices for OB opioid prescribing and inform participants of Kentucky's Perinatal Quality Collaborative (KPQC). KHA staff is working on providing continuing education credits to attendees, more information will be provided. The webinar will be hosted on **June 24 from 11:00 – 12:00 EST**. A calendar invite with webinar information will be sent to all project leads. Please forward to others in your facility. If you have questions or do not receive a calendar invite, please contact Emily Henderson, ehenderson@kyha.com.

July Webinar

Dr. Kristy Deep, UK Healthcare Internal Residency Program Director, will present on KY SOS metric 2a and 2b. A date and registration information will follow at a later date.

Upcoming Events/Webinars

KY SOS plans to host a day conference in mid-September. This conference may be in-person or virtual, depending on safety guidelines resulting from the COVID-19 pandemic. More information to follow.

KY SOS is working on a Palliative Care webinar, a behavioral health webinar series and a webinar to cover the procedures listed in metric 4. More information to follow.

For more information please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for program and pharmacy-related questions–
ehenderson@kyha.com

Melanie Moch for data-related questions – mmoch@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link.