

Kentucky Statewide Opioid Stewardship (KY SOS) January Newsletter

The Kentucky Hospital Association (KHA) and the Kentucky Statewide Opioid Stewardship (KY SOS) program are responding to Kentucky's current opioid crisis by meeting pharmacists where you are with your opioid stewardship programs. We recognize the need for further education in implementation of opioid stewardship programs in both inpatient and outpatient settings. Fundamental needs have to be met before we can see improvement with the opioid crisis. KY SOS believes further education of our healthcare providers is the key to attain this improvement across the state. The underlying question being how to manage pain in our patients while avoiding the risk of addiction.

Together KHA and the KY SOS program with the American Society of Health-system Pharmacists (ASHP) want to extend the opportunity for you as a **pharmacist or pharmacy resident** to complete the ASHP Opioid Stewardship Certificate. KY SOS program will sponsor 25 pharmacists in the completion of this self-guided, online program. This is a \$545 GIFT from KY SOS to complete this program! The program consists of recorded presentations, readings, and practice activities. Topics emphasized in this program include:

- Methods for developing an opioid stewardship program from its infancy through maturity and quality improvement.
- Strategies for creating executive leadership support and practitioner buy-in.
- Using data and metrics to inform program development, quality improvement, and management.
- Methods for educating the healthcare team and patients, and patient care strategies that identify and mitigate risks while incorporating shared decision-making with patients and/or caregivers.

Once the curriculum has been completed, the pharmacist will need to successfully complete a 100 question exam (scoring 80% or greater) to obtain the ASHP Opioid Stewardship Certificate. We encourage you to register today by emailing Stacy Allen at: sallen@kyha.com. The first 25 pharmacists to respond will be selected (we will limit the number of pharmacists from each facility to allow more hospitals to participate). After 25 have been selected, you will be placed on a waiting list for future groups. The success of this program will determine future sponsorship for this certificate.

KHA and the KY SOS program are committed to furthering education in opioid stewardship. Let's partner together to continue to reduce opioid overprescribing while improving safe opioid use across Kentucky. KY SOS program goals are for hospitals to demonstrate their actions and commitments to their patients and communities to combat Kentucky's opioid epidemic.

For more information on the ASHP Opioid Stewardship Certificate, please visit: [Professional Certificates - ASHP](#)

REGISTER TODAY!! A few slots remain open. Email sallen@kyha.com to register.

OD2A Quick News

KyOD2A HAPPENINGS December 2022 edition has been published. Read this edition to learn more about the following articles:

- KY has a new resource available for finding housing for those in recovery, <http://findrecoveryhousingnowky.org/>
- Drug Overdose Disparities in KY
- Different dosage forms of naloxone are now available and they deliver varying doses.
- Medication lock boxes provided by KIPRC's Kentucky Safety and Prevention Alignment Network (KSPAN) to homes with children
- KIPRC's Andrew Farrey
- Traffic Safety Checkpoints
- 2022 KY Harm Reduction Summit

These articles can be read in their entirety by visiting: [December 22 OD2A Happenings 0.pdf \(uky.edu\)](#)



FindRecoveryHousingNowKY.org is a free near-real-time recovery housing locator and resource library for the state of Kentucky. The website launched on Wednesday, September 28, 2022.

FindRecoveryHousingNowKY.org allows hospital staff and clinicians to locate available recovery housing openings for patients who are seeking safe and affordable housing that supports their recovery from substance use disorder (SUD). A simple search can be completed within one minute. More than 40 filters are available to help narrow down a search.

FindRecoveryHousingNowKY.org also provides a guided search tool for those who are not sure what they are looking for. The tool asks the website searcher a series of questions and provides a list of recovery houses based on the searcher's responses. The online library has resources on how to obtain a driver's license/identification card, health insurance, and food benefits, as well as on various support services. FindRecoveryHousingNowKY.org also has materials such as brochures, pocket cards, stickers, and magnets that can be ordered and mailed at no cost. Much like its sister site FindHelpNowKY.org, a free near-real-time substance use disorder treatment locator, FindRecoveryHousingNowKY.org is a linkage to care component for

individuals with SUD. [FindHelpNowKY.org](https://www.findhelpnowky.org) launched in 2018 and has more than 700 SUD treatment facilities and over 300 providers listed on the site.

If you have any questions or would like more information on [FindRecoveryHousingNowKY.org](https://www.findrecoveryhousingnowky.org), please email the [FindRecoveryHousingNowKY.org](https://www.findrecoveryhousingnowky.org) team at mail@findrecoveryhousingnowky.org.



Key Messages from CDC Clinical Practice Guideline for Prescribing Opioids for Pain, 2022

Find these key messages and other information on CDC website:

<https://www.cdc.gov/drugoverdose/resources/partner-toolkits.html>

(Also for your review and reference, the CDC hosted a COCA webinar (Clinician Outreach and Communication Activity) on the Clinical Practice Guideline for Prescribing Opioids for Pain 2022 in November.

The webinar link, recording and slides can be found here:

https://emergency.cdc.gov/coca/calls/2022/callinfo_111722.asp .)

Patients with pain should receive safe, effective, and informed pain care.

- Pain is a complex health issue and is influenced by many factors, including biological, psychological, and social factors.
- A variety of treatment options should be available and accessible for patients with pain.
- The 2022 Clinical Practice Guideline is a clinical tool to support [clinicians](#) and [patients](#) as they work together to create and maintain safe, consistent, and effective pain treatment plans.

The [CDC Clinical Practice Guideline for Prescribing Opioids for Pain–United States, 2022](#) (2022 Clinical Practice Guideline) provides 12 evidence-based recommendations for primary care and other clinicians who provide pain care, including those prescribing opioids, for outpatients aged 18 years and older with:

- Acute pain (duration less than 1 month)
- Subacute pain (duration of 1-3 months)
- Chronic pain (duration of 3 months or more)

The 2022 Clinical Practice Guideline **is not applicable** to management of pain related to sickle cell disease, management of cancer-related pain, palliative care, or end-of-life care. Other guidelines and recommendations have been developed by professional societies to guide pain care decisions for these conditions.

The 2022 Clinical Practice Guideline:

- Provides evidence-based recommendations to clinicians who provide care to patients with pain.
- Emphasizes that **shared decision-making** by patients and clinicians is critical.
- Aims to **ensure equitable access to effective, informed, individualized, and safe pain management** that improves patients' function and quality of life.
- Has been updated and expanded to address different types of pain and help clinicians and patients weigh the benefits and risks of a full range of pain treatment options, including prescription opioids.

The twelve recommendations in the 2022 Clinical Practice Guideline address the following four areas:

- Determining whether or not to initiate opioids for pain (Recommendations 1, 2)
- Selecting opioids and determining opioid dosages (Recommendations 3, 4, 5)
- Deciding duration of initial opioid prescription and conducting follow-up (Recommendations 6, 7), and
- Assessing risk and addressing potential harms of opioid use (Recommendations 8, 9, 10, 11, 12)

The 2022 Clinical Practice Guideline was developed using the best available scientific evidence and followed a rigorous scientific process. The process included several opportunities for community and partner engagement. CDC highly values public engagement and has ensured there were multiple opportunities to hear from and incorporate feedback from patients with pain, caregivers, clinicians, and partners.

- Sources of input used to inform the development of the Clinical Practice Guideline include
 - New scientific evidence from systematic reviews
 - Community engagement to better understand the experiences of patients living with pain, their caregivers, and clinicians who provide pain care
 - Federal advisory committee engagement through the Board of Scientific Counselors of the National Center for Injury Prevention and Control (BSC/NCIPC) and the Opioid Workgroup (OWG)
 - Federal partner engagement
 - Public comment during public BSC/NCIPC meetings and during the 60-day public comment period on the draft updated Guideline
 - Peer review by external subject matter experts

The recommendations are intended to support, not replace, care that is individualized, flexible, and patient-centered. The Clinical Practice Guideline is not a regulation or a law. It should not be used as a rigid standard of care or inflexible, one-size-fits-all policy or law. It is a set of voluntary recommendations intended to support clinicians as they work in consultation with their patients to address pain. This publication updates and replaces the *CDC Guideline for Prescribing Opioids for Chronic Pain* released in 2016.

****The above information was obtained from The Centers for Disease Control and Prevention website.** Please visit: [Partner Toolkits | Resources | Drug Overdose \(cdc.gov\)](#)

Data Update

KY SOS continues to encourage all facilities to submit their monthly data into KY Quality Counts (KQC). Please continue to report **monthly** data on both the process and outcomes measures. Education and the future of the program are based in part on the data reported. Areas of improvement and areas of success will be highlighted and emphasized as KY SOS continues. If you need assistance with data input or navigation of the KQC data collection system, please contact **Emily Henderson** (ehenderson@kyha.com), **Stacy Allen** (sallen@kyha.com), or **Melanie Landrum** (mlandrum@kyha.com).

The Happenings

As a reminder for the Hospital Rate Improvement Program (HRIP), the Opioid Provider Education goal is that **90% of inpatient** providers receive opioid best practice education in 2022.

KY SOS will have a one-time metric in Kentucky Quality Counts (KQC) with a numerator of total number of **inpatient providers** who received education for opioid best practices over the denominator of total number of **inpatient providers** for 2022. Beginning **January 1, 2023**, you will be able to enter this data on the Data Entry page of KQC website. If the hospital has **90% or greater** they will receive the **0.5% designated funding for the HRIP metric**. To access your facility's dashboard:

1. visit: www.khaqualitydata.org
2. Select: Data Entry
3. Select your facility
4. Select: 2022
5. Select: December
6. Select Initiative Filter: Hospital Rate Improvement Program
7. Enter Numerator and Denominator
8. SAVE

Upcoming Events/Webinars

- **KY SOS January Webinar- Ryan Stanton, MD**, emergency physician and EMS medical director, will be giving an educational webinar on: **Emergency Department opioid use for acute ankle sprain and the use of alternatives to opioids**. The information presented will be directly applicable to KY SOS Metric 3a which has been proposed to have HRIP funding tied to it in 2023. This webinar is scheduled for **January 18, 2023** from **12 noon to 1PM ET**. Calendar invites have been sent for this webinar.
Join Zoom Meeting:
<https://us02web.zoom.us/j/82435181570?pwd=M0k4ZHo0eEdsRmR4YWc1S0hOSk96UT09>
Meeting ID: 824 3518 1570
Passcode: 2501
- **KY SOS February Webinar- Connie White, MD**, retired OB/GYN physician and Kentucky Department for Public Health (KDPH) Deputy Commissioner will speak with attendees about **KY SOS Metric 4b- Opioid Use for Uncomplicated Vaginal Delivery**. It has been proposed in 2023 for this metric to have HRIP funding. This webinar is scheduled for **February 15, 2023** from **12 noon to 1PM ET**. Calendar invites will be sent for this webinar.
Join Zoom meeting:
<https://us02web.zoom.us/j/85717104510?pwd=WHJPU2RBSnA5TVI3VC91emF3dmlwUT09>
Meeting ID: 857 1710 4510
Passcode: 2501
- You are invited to attend the **Appalachian Gathering for Recovery Solutions second edition**, hosted on **March 9, 2023** at Union College, KY. You are welcome to participate in person or online. Here is the registration link:
<https://www.eventbrite.com/e/appalachian-gathering-for-recovery-solutions-second-edition-tickets-489065617427>



www.OpioidResponseNetwork.org

Providing Peer Based Recovery Support
Services for Pregnant and Parenting Families
Two-Day Virtual Training

Date and Time: January 24 and 25, 2023 9:00 am - 4:30 pm (45-minute lunch break)

Registration Link: <http://bit.ly/3UFS0Er>

Note: Registration for this training is limited to 35 total participants

Date and Time: February 14 and 15, 2023 9:00 am - 4:30 pm (45-minute lunch break)

Registration Link: <http://bit.ly/3TDZeHG>

Note: Registration for this training is limited to 35 total participants

Date and Time: March 14 and 15, 2023 9:00 am - 4:30 pm (45-minute lunch break)

Registration Link: <http://bit.ly/3TzU9jH>

Note: Registration for this training is limited to 35 total participants

Audience - Those who:

- Currently provide peer-based recovery support services to pregnant/parenting families
- Provide supervision to peers working with pregnant/parenting families
- Work in one or more of the following settings: a substance use disorder treatment service; a recovery community organization (RCO); a child welfare or home visiting program; a healthcare or emergency crisis service

About:

The overall goal of this training is to better prepare Peer Recovery Support Specialists to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents.

Training Topics:

- A. Working in diverse settings such as healthcare or child welfare
- B. Supporting individuals and families through pregnancy, delivery, and parenting babies with neonatal abstinence syndrome and neonatal opioid withdrawal
- C. Fostering and strengthening nurturing parent/child relationships within the context of peer support services
- D. Being a catalyst for growth in recovery through person-centered Recovery Planning
- E. Coordinating with others in your community that support families with young children

Trainer: Sharon A. Hesseltnie, BSW, ORN Advanced Implementation Specialist

Questions: Email wballard@msm.edu

Funding for this initiative was made possible (in part) by grant no. 1H79TI083343 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services;

Registration Is Open for KHA Annual Quality Conference

Mark your calendar now for the KHA Annual Quality Conference, **March 1-3, 2023**, in Lexington. Kentucky Public Health Commissioner Steven Stack, MD, MBA will serve as the keynote speaker for the event focused on Creating a Culture of Excellence for Quality Healthcare.

Call for Posters for 2023 KHA Quality Conference

The KHA Quality team is excited to be planning for the 2023 Quality Conference which will be held at the Campbell House in Lexington again on **March 1-3, 2023**. Join your colleagues in quality, infection prevention, pharmacy, case management and leadership. Please note that we will have a poster display and awards presented at the conference again in **2023**. The application is attached, see below. This is a great opportunity to share the great work you are doing with colleagues across the state.

REGISTRATION OPEN

KENTUCKY HOSPITAL ASSOCIATION
QUALITY CONFERENCE
Creating a Culture of Excellence for Quality Healthcare

March 1-3, 2023
The Campbell House
Lexington, Kentucky



Keynote Speaker

Quality Leadership in Uncertain Times
Steven J. Stack, MD, MBA
*Commissioner for Public Health
Commonwealth of Kentucky*



Dr. Steven J. Stack, Kentucky Commissioner for Public Health, will be the Quality Conference Keynote Speaker! Dr. Stack provided exceptional service to the Commonwealth throughout the COVID-19 pandemic and continues to maintain a strong, collaborative partnership with KHA to provide invaluable support of quality care to hospitals and their communities.

To register for the conference, go to:
<https://www.kyha.com/QualityConference23>

Conference details coming soon.

Registration Link: <https://www.kyha.com/QualityConference23>

Hotel Accommodations:

The Campbell House, Lexington
1375 S. Broadway
Lexington, KY 40504

Hotel phone number: 859-255-4281

Room rate: \$124/night

Room block closes on January 29, 2023



**Kentucky Hospital Association
Quality Conference**

Call for Poster Abstracts

The Kentucky Hospital Association annual Quality Conference will be held March 1-3, 2023 at the Campbell House, Lexington. The specific title of this year's program is "Creating a Culture of Excellence for Quality Healthcare". The KHA Quality Conference provides Executive leaders, Quality leaders, Infection Preventionists, Clinical Leaders, Case Managers, Physicians and Pharmacists involved in Quality and Performance Improvement with a forum to share your knowledge and expertise with your peers. KHA is seeking poster abstracts for presentations that support quality improvement, patient safety, leadership in healthcare, and improved patient outcomes. A variety of Quality and Patient-Safety-related topics are expected; topics eligible for poster submission include but are not limited to:

Clinical Leadership and/or Quality Improvement in:

- Adverse Drug Events
- Age-friendly Health Systems
- Antimicrobial Stewardship
- CAUTI
- CLABSI
- Falls
- C difficile
- Health Equity and Disparities
- MRSA/MDRO
- Pressure Ulcer/Injury
- Readmissions
- Sepsis
- Surgical Site Infections
- Ventilator-Associated Events
- Venous Thromboembolism
- Patient and Family Engagement
- Culture of Safety
- High Reliability Organizations
- Population Health
- Strategies to Address the Opioid Epidemic
- Maternal-Child Health Safety Topics

Posters should be brought to The Campbell House on Wednesday, March 1 between 10:00 and 11:30 a.m., and must be picked up at the same location on Friday, March 3 by noon. All poster presenters will need to provide an abstract or handout for distribution to attendees. Poster presenters must also register and submit payment if attending the conference. **Please use the attached presenter information form to submit your abstract. All submissions should be sent via e-mail to: dcampbell@kyha.com**

The deadline for submission of a poster abstract is February 3, 2023

2023 Presenter Information

Name(s) and Credentials: _____

Job Title: _____

Organization Name: _____

Address: _____

City, State, Zip: _____

Phone and Fax: _____

Primary Contact Person for this Presentation:

E-mail Address:

Cell phone for primary contact:

Title of Poster:

Approximate size of poster (cork boards are 4' X 6') _____

___ I will need an easel to display my poster

___ I will need a tack board to display my poster

Please submit a 150-250 word abstract/explanation of the purpose and outcome of your poster (may attach a separate sheet). Plan to provide copies of your abstract for distribution at display location. Be sure the abstract has the title of your poster and your name at the top.



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



Great Lakes (HHS Region 5)

ATTC

Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Motivational Interviewing and SBIRT
Training 2023



Build your Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) skills in 2023! We're offering multi-session series throughout the year. Attend all sessions and you'll earn NAADAC Continuing Education hours. (Be sure to make note of prerequisites for each level of training.) Join colleagues from across the region in learning to apply this evidence-based practice with fidelity. View the complete [2023 Motivational Interviewing calendar](#) on our website!

Level 1

Winter 2023:

Motivational Interviewing: Relational Skills

- January 18, 2023 from 8:30AM-11:30AM CT
- January 25, 2023 from 8:30AM-11:30AM CT
- February 1, 2023 from 8:30AM-11:30AM CT

[Register for Level 1 Winter](#)

Spring 2023:

Motivational Interviewing: Relational Skills-Level 1

- March 1, 2023 from 8:30AM-11:30AM CT
- March 8, 2023 from 8:30AM-11:30AM CT
- March 15, 2023 from 8:30AM-11:30AM CT

[Register for Level 1 Spring](#)

You must complete Level 1 (Relational Skills) in order to attend Level 2 (Technical Skills) and Level 3 (SBIRT and Coding & Coaching).

Visit our website to see our full 2023 Motivational Interviewing and SBIRT calendar!



Meet the Trainer:

Laura A. Saunders, MSSW, is the Wisconsin State Project Manager for the Great Lakes Addiction, Mental Health and Prevention Technology Transfer Centers. Her position is housed at the UW–Madison, where she’s worked since 1988. Since 2001, Laura has provided SBIRT and Motivational Interviewing training to physicians, nurses, medical students, psychologists, specialty addiction treatment providers, social workers, physical therapists, health educators, and staff who work in correctional settings. She has provided feedback and coaching to hundreds of social workers, correctional staff, and other human service providers who are interested in using evidence-based practices with fidelity. Laura joined the international group of Motivational Interviewing Network of Trainers (MINT) in 2006 (Sophia, Bulgaria) and is an active member of the Wisconsin MINT group.



The [Great Lakes ATTC](#), [MHTTC](#), and [PTTC](#) are funded by [SAMHSA](#) to provide training and technical assistance to the behavioral health prevention, treatment, and recovery services workforce in Health and Human Services Region 5: IL, IN, MI, MN, OH, and WI.



Substance Abuse and Mental Health
Services Administration

In Case You Missed It

- **KY SOS December Webinar- Danielle Anderson, MD**, an addiction psychiatrist and family medicine specialist, presented: **From a clinical perspective, Patients Coping with the Holidays**. The recording and slides are available at: [Presentations & Recordings \(kentuckysos.com\)](https://kentuckysos.com)

- **CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022**

The CDC recently released the long awaited guidelines for treating pain of the acute, subacute, and chronic states. The newly released guidance from the CDC both updates and is meant to replace the **2016 CDC Opioid Guideline for pain**. For the complete guidance, please visit: <https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm>

- **The FDA issued an alert to healthcare professionals concerning the presence of xylazine in illicit drugs**. For the complete alert: <https://www.fda.gov/drugs/drug-safety-and-availability/fda-alerts-health-care-professionals-risks-patients-exposed-xylazine-illicit-drugs>
- **Researchers at the University of Houston have developed a vaccine that has been shown to block the passage of fentanyl into the brain, thereby eliminating the “high”**. To access the full article, visit: <https://uh.edu/news-events/stories/2022-news-articles/november-2022/11142022-fentanyl-vaccine-haile-kosten.php>

Did You Know...?

KY SOS Advisory Committee members will come to your facility or schedule a zoom meeting for technical assistance. This opportunity allows your staff to get specific education on opioid best practices. If you have specific questions, reach out to KHA SOS staff and you'll be connected with the appropriate KY SOS Advisory Committee member.

Additional Resources on KY SOS Website

- Find Help Now KY is a website used to assist individuals in the community find an addiction treatment facility. For more information, visit the website at www.findhelpnowky.org
- Kentucky Opioid Response Effort (KORE) has funded access to treatment and recovery for individuals who have a functional hearing loss and need effective communication. The guidelines can be found on the KY SOS website or click the link to be directed: <http://www.kentuckysos.com/Portals/2/Documents/KOREGuidelinesDeafHardofHearingAccessdoc.pdf>
- A new harm reduction resource for those in recovery. Find Recovery Housing Now KY is a real-time SUD recovery network to help individuals in recovery locate housing. Please visit: <https://chfs.ky.gov/agencies/dbhdid/Pages/krhn.aspx>
- All other KY SOS resources can be found at <http://www.kentuckysos.com/Resources>

For more information, please visit www.kentuckysos.com or contact a KHA staff member to assist.

Emily Henderson for ED Bridge/outpatient/program related questions– ehenderson@kyha.com

Stacy Allen for inpatient pharmacy-related questions – sallen@kyha.com

Melanie Landrum for data-related questions – mlandrum@kyha.com

Missed a webinar? All presentations are recorded and can be found under the events & education link